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Adichunchanagiri College of Nursing

EDITION
08



ADICHUNCHANAGIRI
UNIVERSITY

NEWS LETTER
IMPRESSION OF ACN

Shushrushavani  
COLD HANDS, WARM HEART...
Vol IV Issue II

॥ जेणे इति ह्युपदेष्ट ॥



"Live like a butterfly...take the best without destroying or hurting anybody but giving pleasure to everyone"

Padma bhushana

Paramapoojya Jagadhguru

Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji

॥ जेवो इगे ह्युपदेव ॥



*"Inspiration should lead to perspiration,
together leads to realising aspirations...."*

***Paramapoojya Jagadhguru
Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji***

**We stands for
Sincerity to Integrity**



Sincerity

Honesty

Unity

Solidarity

Humble

Responsibility

Uniqueness

Solidarity

Humanity

Advanced

Virtue

Ahead

Avant Garde

Noble

Integrity

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Adichunchanagiri
College of Nursing

Vision

Achieve excellence by fostering value-based education to develop competent nurses and leaders with a global outlook.

Mission

- Provide high quality nursing education with a broad theoretical base and diverse clinical experience that enhances the individual to become a good nurse in professional practice.
- Advance health care through excellence in nursing and inter disciplinary teaching, research, practice and service.

Programme Educational Objectives

- To apply knowledge and critical thinking skills and ethical principles in evidence-based nursing practice.
- To prepare competent nursing professionals with human values to provide quality nursing care globally.
- To demonstrate effective communication, leadership and decision-making abilities and Managerial skills in providing quality nursing care in various health care settings.
- To practice promotive, preventive, curative and restorative health care services adhering to ethical values.
- To demonstrate a comprehensive and advanced understanding of nursing practice's core issues and knowledge bases.

Overview of ACU

The University is situated in a Lush Green Unitary Campus of 67 acres at B.G. Nagara, Nagamangala Tq., Mandya District, Karnataka on the Bangalore – Mangalore National Highway No. 75, [105 Kms from Bangalore, the Capital City of Karnataka].

The University consists of Nine Constituent colleges in the disciplines of Medicine, Pharmacy, Nursing, Engineering, Management, Commerce and Education. The environment-friendly campus has adequate infrastructure and physical facilities for Academics and Research. The campus possesses around 5000+ students, 400+ teachers and 1800+ support staff.

The University employs a broad range of strategies to achieve its Vision, Mission and Objectives to expand the horizon of World Knowledge, provide instruction, Teaching-Learning, Training, Research and Development at the level of Higher Education in the faculties of Health Sciences, Engineering and Technology, Management and Technology, Humanities & Social Sciences and other Emerging and Thrust areas.

Constituent Units



ADICHUNCHANAGIRI
UNIVERSITY

- ◆ Adichunchanagiri Institute of Medical Sciences
- ◆ Sri Adichunchanagiri College of Pharmacy
- ◆ Adichunchanagiri College of Nursing
- ◆ BGS Institute of Technology
- ◆ BGS College of Education
- ◆ BGS First Grade College
- ◆ Adichunchanagiri School of Natural Sciences
- ◆ Adichunchanagiri School of Allied Health Sciences
- ◆ Adichunchanagiri Institute of Molecular Medicine

Vision

Education for all with Value Systems of Empathy, Enrichment, Equity, Excellence, Empowerment, Entrepreneurship & Enlightenment to Serve the Society

Mission

- Education to all for Self-Reliance, Socio-Economic Change to develop an Inclusive Society with Shared Opportunities & Responsibilities
- Empathy towards the Less Fortunate, the Sick, the Suffering & the Disabled
- Enrichment to acquire Abundant Knowledge, Requisite Skills & Appropriate Attitude
- Excellence for Quality Assurance, Enhancement & Sustenance in Academics & Research to produce Graduates of Global Standards
- Equity for Fairness & Social Justice by providing Equal Opportunities
- Empowerment of Graduates to become Intuitive, Innovative & Inventive
- Entrepreneurship is a concept or idea involving the product or service to be delivered, or a new technology to be developed
- Enlightenment to attain Wisdom & Virtues in Life to think beyond Self





Adichunchanagiri Hospital

Adichunchanagiri Hospital & Research Centre (AH & RC) was commissioned in 1990 to render healthcare services to the poor and needy. AH & RC serves as teaching hospital to the renders medical services in preventive, curative and rehabilitative domains to the rural populace in the region.

The hospital is equipped with high-tech equipment & well qualified staff, and has treatment facilities in sub-specialties like Neurosurgery, Urology, Cardiology, Oncology, Nephrology and Plastic Surgery.

At Adichunchanagiri Hospital, we believe in the power of preventive care and early detection. Our camps aim to reach out to individuals of all ages and backgrounds, offering free medical check-ups, screenings, and consultations.

Our guidelines are designed to minimize the risk of healthcare-associated infections and ensure a safe environment for both patients and staff. We strictly adhere to internationally recognized infection control practices, including proper hand hygiene, sterilization of medical equipment, and effective waste management.

At Adichunchanagiri Hospital and Research Center, we believe that prevention is the key to a healthier future. By following our Hospital Infection Prevention and Control Guidelines, we aim to provide a safe and comfortable healthcare experience for all our patients.



Officials of ACU



Prof. Dr. M A Shekar
Hon'ble Vice-Chancellor



Prof. Dr. K Byrappa
Hon'ble Pro Vice-Chancellor



Dr. C K Subbaraya
The Registrar



Dr. Pranesh Gudur
The Registrar (Evaluation)



Mr. B K Umesh
The Finance Officer

Overview of ACN

Adichunchanagiri College of Nursing (ACN) was started in the year 1995 with the fore sight and vision of His Holiness Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji to prepare professional nurses in order to improve standards of nursing service through quality education. It is affiliated under Adichunchanagiri University (ACU). B G Nagara (Formerly with Rajiv Gandhi University of Health Sciences, Karnataka till 2018).

With the divine leadership and blessings of Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, the honourable chancellor of ACU. We have grown to be one among the largest nursing institution in the country and the best in the state of Karnataka, by providing value-based education in the last 27 years. The college has recognition from both apex bodies, Karnataka Nursing Council & Indian Nursing Council.

College comprises highly qualified and competent teachers, good physical infrastructure, Library facilities and most importantly students get opportunity for clinical learning in parent teaching hospital including multispecialty hospital with 1150 beds.

Nursing students do have benefit of contributions from interdisciplinary teaching faculty and ample opportunity for extra- curricular activities as university has excellent facilities for the same. We are proud to say that all our alumni's are on job in various hospitals and nursing institutes within Karnataka state and surrounding states and also various countries.



Programmes Offered

Diploma in Nursing

GNM (General Nursing and Midwifery)

Duration: 03 Years

Eligibility: PUC/10+2 Pass

Bachelor in Nursing

B. Sc Nursing

Duration: 04 Years

Eligibility: PUC/10+2 Pass in Science (PCMB only)

Post Basic B. Sc Nursing

Duration: 02 Years

Eligibility: GNM Pass

Master of Nursing

M. Sc Nursing

- » Community Health Nursing
- » Medical Surgical Nursing
- » OBG Nursing
- » Child Health (Paediatric) Nursing
- » Mental Health (Psychiatric) Nursing

Duration: 02 Years

Eligibility: B. Sc Nursing or Post Basic B. Sc Nursing Pass

Principal's Message



Prof. Chandrashekar H C
Principal

It gives me an immense pleasure to share with you the Eight edition of Shushrushavaani, the News Letter. The Half year of 2022 (July to December) was notable for academic prowess, innumerable.

Educational experience The responses of our teaching and non-teaching staff to ensure that our academic goals are not compromised, especially under such trying circumstances is inspiring. Our curriculum and the core values we hold ensure quality education and holistic development for all the students to nurture them into creative thinkers of tomorrow. Its continues to grow, wins accolades and provides its students with a wide and rich variety of invaluable learning experiences.

I Would like to extend my gratitude to the editorial board, who have done an excellent job in bringing together this edition of Shushrushavaani. Their commitment, diligence, and attention to details are evident in the quality and diversity of the content.

A handwritten signature in blue ink, appearing to read 'Chandrashekar H C', written in a cursive style.

Prof. Chandrashekar H C

Florence Nightingale

12th May 1820 - 13th Aug 1910



Florence Nightingale OM RRC DStJ was an English social reformer, statistician and the founder of modern nursing. Nightingale came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which she organised care for wounded soldiers at Constantinople. She significantly reduced death rates by improving hygiene and living standards. Nightingale gave nursing a favourable reputation and became an icon of Victorian culture, especially in the persona of “The Lady with the Lamp” making rounds of wounded soldiers at night

We are celebrating her birthday every year in the name of “International Nurses Day”

The Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

Department of Nursing Foundation

- » Fundamental of nursing lab is the basic foundation laboratory in the art of Nursing.
- » Nursing Foundation lab offers the opportunity to provide simulation based education to challenges and test students clinical and decision making skills during realistic patient care and scenarios.
- » The department trains the nursing students to gain cognitive, affective and psychomotor domains which can be practiced and create apposition changes in the health outcomes of individuals, families, community in all health care settings.
- » It exposes all the equipments which are used for giving care to the patient in practical way which will guide the students to improve the knowledge and to assess the patient care effectively and efficiently.

Highlights

- » Experience with high fidelity patient care simulator.
- » Centralized AIMS simulation lab exposure to students.



Department of Medical Surgical Nursing

- » The department offers student-centered instruction and learning in an environment that is conducive to practical experience, assisting the students in developing confidence in their nursing knowledge, abilities, and practiced attitudes.
- » In order to meet the challenges of changing patient demographics, disease severity, and complexity in health care technologies, the department's faculty places a strong emphasis on students' knowledge, skills, and altitudinal acquisition.
- » When it comes to caring for patients in the critical care unit, the family members and their concerns are taken into consideration on an equal basis. The medical surgical nursing practice scope is evidence-based, in terms of the patient's care as well as procedural factors.
- » The topic is carefully considered and presented in second- and third-year B.Sc. nursing courses in order to logically address all health system challenges. Simulated patients are used to practice crucial patient care procedures, allowing trainees to develop their clinical skills and confidence. To prepare them for providing comprehensive care, the course gives students the chance to study about adult health issues, including geriatrics.

Highlights

- » Establish the highest standards for basic, secondary, and tertiary medical surgical nursing treatment and rehabilitation.
- » To strengthen the science of nursing and improve patient outcomes, encourage research-driven nursing practice.
- » Offer consulting services in fields important to the practice, study, and future direction of medical surgical nursing.



Department of Community Health Nursing

- » Community Health Nursing is the specialty that prepares the students to meet the ever-changing challenges of society. The course orients the students to the concept of positive health and successful living, focuses on the families in the community and population groups with health risks.
- » The Community department organizes household surveys, epidemiological investigations, health projects, health awareness campaigns, exhibitions, health care programs, school health programs, special clinics, health education activities etc. in the village. These activities train the students to effectively interact with the community on health matters.
- » Our CHN lab is properly equipped and well furnished with healthy environment of learning for the under graduates and post graduates so as to practice the procedure to improve the skill and make effective AV aids needed for the public and related to community health concerns. The lab is arranged in such a manner that the student of the nursing programme can CHN lab is therefore an extension and expansion of the ideal guidelines of community health nursing.

Highlights

- » We have affiliated Community Health Centre.
- » Adopted villages.
- » Well-equipped laboratory.



Department of OBG (Obstetrical & Gynaecological) Nursing

- » The Department of Obstetrical and Gynaecological Nursing takes pride in quality teaching. The department is a specialty of caring for women during antenatal, intranatal and postnatal period.
- » The department is designed for graduate and post graduate students to develop expertise and in-depth knowledge to provide comprehensive nursing care to the mothers as well newborn.
- » The department encourages student research in the core areas of women's health, reproductive health, high risk pregnancy, high risk labour, high risk puerperium, neonatal care and high risk newborn.
- » The department further enable the students to function as care giver, independent midwifery practitioner, effective educators, lactation counsellors, managers and researchers at different settings.

Highlights

- » Simulation lab at AIMS.
- » Well equipped laboratory with dummies and mannequins for the mechanism of labour, antenatal and postnatal examinations



Department of Paediatric (Child Health) Nursing

- » The department of Child Health (Paediatric) Nursing provides courses related to child health nursing within the framework of the curriculum of Adichunchanagiri College of Nursing and the Indian Nursing council (INC).
- » The department provides student-centered teaching and learning in conducive atmosphere that helps the students to gain confidence in their nursing knowledge and skills. The department is concerned with training the students in developing the knowledge and skills required to respond to health care needs of infants and children and their family in a variety of settings.

Highlights

- » Well established laboratory equipped with models, manikins, instruments to facilitate teaching learning process
- » Utilization of centralized simulation lab at AIMS to expose the students to learn about paediatric procedures

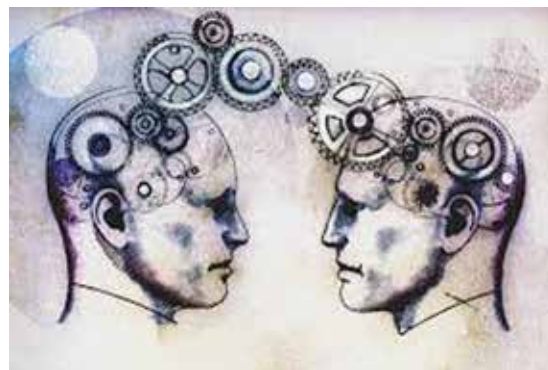
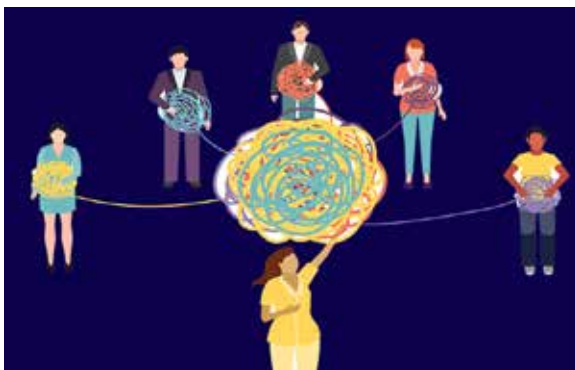


Department of Psychiatric (Mental Health) Nursing

- » Mental health nursing is a specialized field of nursing practice that involves the care of individuals with a mental health disorder to help them recover and improve their quality of life.
- » Mental health nurses have advanced knowledge of the assessment, diagnosis, and treatment of psychiatric disorders that helps them provide specialized care. They typically work alongside other health professionals in a medical team with the aim of providing the optimal clinical outcomes for the patient.
- » Mental health / Psychiatric nursing is the specialty area of nursing that focus on the promotion of mental health, prevention of mental illness and rehabilitate the client with mental illness.
- » The students to assist in developing expertise and in depth understanding in the field of psychiatric nursing. It will help the students to appreciate the client as a holistic individual and develop skills to function psychiatric nurse specialist it will further enable the students to function as educator, manager and researcher in the field of psychiatric nursing.

Highlights

- » Providing counselling and awareness Programme in common and personal issues such as misconception related to mental illness, conflict resolution, career guidance, awareness Programme on mental illness, Prevention of suicide, self-protective measures, sex education, substance abuse, slow learners, etc.



SCHOOL DEVELOPMENT PROGRAM

Adichunchanagiri University has adopted Government High School, kembare, Nagamangala Taluk. The School Development Program was inaugurated by Sri Narayana Gowda, Youth Empowerment and Sports Minister, GOK. Smart boards, Computers, Audio Visual aids, Study materials, Books and Sport Kits were donated to the School. Dignitaries planted tree saplings within the School premises to mark the occasion. Dr M A Shekar, VC of ACU, Dr C K Subbaraya, Registrar of ACU, Sri Suresh, BEO of Nagamangala, Principals of constituent colleges of ACU, teachers, Govt officials, students participated in the program.



SCHOOL HEALTH EDUCATION PROGRAMME

Adichunchanagiri University has adopted Government High School, kembare, Nagamangala Taluk. The School Development Program was inaugurated by Sri Narayana Gowda, Youth Empowerment and Sports Minister, GOK. Smart boards, Computers, Audio Visual aids, Study materials, Books and Sport Kits were donated to the School. Dignitaries planted tree saplings within the School premises to mark the occasion. Dr M A Shekar, VC of ACU, Dr C K Subbaraya, Registrar of ACU, Sri Suresh, BEO of Nagamangala, Principals of constituent colleges of ACU, teachers, Govt officials, students participated in the program.

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Adichunchanagiri University

ADICHUNCHANAGIRI COLLEGE OF NURSING

"HEALTH EDUCATION PROGRAM ON PERSONAL HYGIENE"

ADICHUNCHANAGIRI HOSPITAL NSS UNIT OF ACN

Date: 14 - July - 2022 @ 10:30am
Venue: Government Primary School Bhranhadevarahalli

Organized by
Department of Community Health Nursing and Department of Paediatric Nursing in association with AH&RC

Chief Convener
Prof. Chandrashekar H C
Professor & Principal

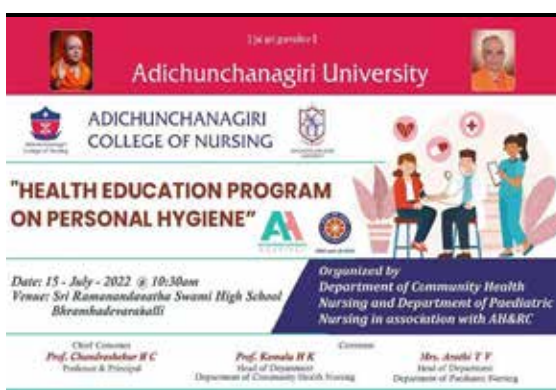
Convener
Prof. Komala H K
Head of Department
Department of Community Health Nursing

Mrs. Arathi T V
Head of Department
Department of Paediatric Nursing



SCHOOL HEALTH EDUCATION PROGRAMME

Department of community health nursing, Department of Paediatric Nursing, NSS unit of ACN in association with AH&RC organised a school health Education programme on 15-7-2022 from 10.30 am to 12.30 am at Sri Ramanandanatha Swami High School, Bhramhadevarahalli village on the topic "Personal hygiene and Health rules to be followed". The Programme was inaugurated by school headmaster Mr. Narasimharaju and other teachers along with Prof. Komala H K, Mrs. Arathi T V, Mr. Swamy PGN, and Mr. Hemanth C K from ACN. Around 200 school children and 20 B. Sc and GNM nursing students were participated. In this health education programme the students performed role play on Personal hygiene and health rules to be followed. At the same time individual health education carried by Ms. Meenakshi of 3rd BSc Nursing student and 3rd GNM students were demonstrated the hand hygiene techniques through dance performance. The response of the students was excellent. The feedback from the school teachers was good. Health education programme concluded by Vote of thanks.



INTERNATIONAL WORKSHOP ON DETERMINATION OF SAMPLE SIZE FOR HEALTH SCIENCES RESEARCH

Continuing Nursing Education unit, Adichunchanagiri College of Nursing had organized an international workshop on Determination of Sample size for Health Sciences Research on 22.07.2022 and 23.07.2022 at Medical Education Unit Hall, AIMS. Workshop was inaugurated by the Chief Resource Person Dr. Nageshwar Venkatesh Reddy, Faculty of Applied medical sciences, Al-Baha University, Kingdom of Saudi Arabia and Prof. Chandrashekar H C, Principal, Adichunchanagiri College of Nursing. In the Morning session of 1st day Resource person emphasized on the Importance of Sample size calculation. The session was followed by the estimation of Sample size based on Mean, Proportion and Sensitivity and Specificity. Post lunch session was discussed on Sample size computation based Independent and Paired 't' test and One-way ANOVA.



CELEBRATION OF WORLD IVF DAY

Department of OBG nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized "CELEBRATION OF WORLD IVF DAY" on 25.07.2022, 11:00am in lecture hall at OBG OPD, AH and RC hospital. The programme was started with the welcome song by Miss. Sonali barman of 3rd GNM and welcome speech by Miss. Pallabi sarkar of 3rd GNM. Mr. Subhadip sahuo invited the chief guest Dr. Namratha K N to carry over the session. Prof. Victoria Sarvand, HOD, OBG department ACN, Mrs. Ashwini Assist. Professor, Mrs. Kavitha K Assist. Professor and Mrs. Ramya Asst. Professor, 2nd year MSC students and around 58 3rd GNM Students were gathered in the programme. Dr. Namratha K N the resource person preceded the programme, and explain about History of IVF Introduction to IVF, Definition of infertility, Indication of infertility, Steps involved in IVF, Ovulation induction, Egg retrieval, Sperm retrieval, Fertilization, Embryo transfer and the risk of IVF. The programme was very interactive, all the students were actively participated. Prof. Victoria J Sarvand issued the certificate and a gift to the resource person. The programme was concluded with vote of thanks for the occasion by Miss. Sonali barman.

Adichunchanagiri University
Adichunchanagiri College of Nursing
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

**CELEBRATION OF
"WORLD IVF DAY"**

Date
25th July 2022 @ 11.00am

Venue
OBG-OPD, AH&RC

Organised by
Department of OBG Nursing

Guest Speaker
Dr. NAMRATHA K N
Senior Resident
Department of OBG
Adichunchanagiri Institute of Medical Sciences
AH & RC, B G Nagara

Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Victoria Sarvand
Professor & HOD

Coordinator
Mrs. Kavitha N K
Assistant Professor



POSTER PRESENTATION ON DRUG ADDICTION

Department of Psychiatric Nursing of College of Nursing organized a Poster Presentation on Drug Addiction on 27.07.2022 for final year Nursing Students.



Adichunchanagiri University
Adichunchanagiri College of Nursing
M4 76, B G Nagar, Nagamangala Tq, Mandya-571468

**POSTER PRESENTATION ON
DRUG ADDICTION**

**DRUG
ADDICTION**

Date
10th July 2022
@ 10:00 to 11:00 am

Venue
Multipurpose Hall, ACN

Organized by Department of Mental Health Nursing.

Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Keshavamurthy C D
Professor & HOD

Coordinator
Mr. Chethan B S
Assistant Professor



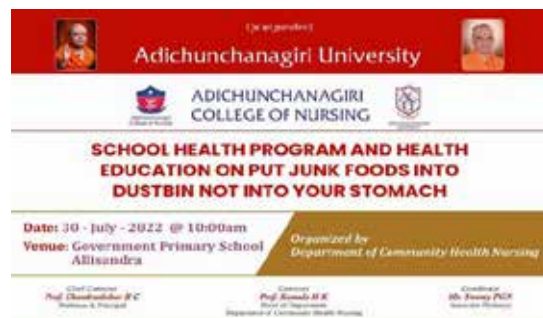
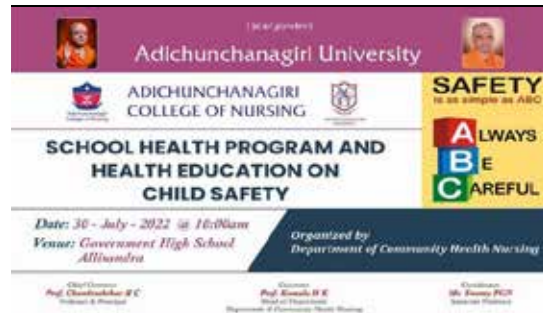
GUEST LECTURE ON TOPIC OF SWARAJ@75

The NSS unit of Adichunchanagiri college of nursing, in association with Disha Bharat, was organized guest lecture on topic of swaraj@75, to commemorate Azadi Ka Amrit Mahotsav: 75 years of Indian independence to imbuing patriotism with the theme of “know yourself, know your country, know your culture” on 29.07.2022, 2pm to 3pm at lecturer hall Aims . The programme was started with the prayer song by Sahana and team Ist year B. Sc nursing and lighting the lamp by all dignitaries. The chief guest & speaker of this event were Sri. Nitya Nanda Vivek Vamshi, social activist & orator, had a deal with the session on swaraj@75 with the theme of “know yourself, know your country, know your culture” in his speech highlight the historical background of Indian country, freedom struggle, sacrifices of martyrs and our journey since independence. The session concluded by Mis Chandana First Year M. Sc student and vote of thanks delivered by Mrs. Pavithra first year M. Sc student. There are 160 students and faculty who were present on this occasion.



SCHOOL HEALTH PROGRAM

Dept. Community health nursing organized school health program, Puppet show on child safety in Govt. Higher primary school and role play on health hazards of Junk food on 30.07.2022 at Govt. Higher primary school and Govt. High school, Alisandra village. The program started by welcome address. The program was presided Prof Komala H K, HOD of Community health nursing department, Mr. Manjunath, Incharge Principal, Govt. High school, Mrs Krishnaveni, Head master and their staff members, Mr. Swamy P G N, Associate Professor, Community health nursing department Mr. Kantharaju, Assistant Professor, Community health nursing department, Mr. Nikil J V, 2nd year MSc Nursing, Community health nursing department ACN, who were present on this vocation. During this program the following activities were carried out by students. * Role play on the topic 'Health hazards of Junk food' Puppet show on child safety. Around 65 students from both high school and primary school participated enthusiastically in this program.



WORKSHOP ON BASIC E.C.G.

Department of Med Surgical organized workshop on Basic ECG from 01.08.2022 to 02.08.2022, at Lecture Hall AIMS and OSCE practice sessions was at Skill lab AIMS, B G Nagara. Mr. Jeril Cherian Principal, MWT Global Academy, Australia was the resource person. Prof.Chandrashekar HC, principal, Inaugurated and presided the workshop Mrs. Shobha K R, HOD of medical surgical nursing, introduced the Guest speaker, Mrs Divyashree Lecture, 2nd year and 1st Year MSc students actively carry over the seminar session as well practice sessions respectively. Total 280 students participated actively. Workshop received overwhelming response from the faculty members, students. Workshop was effective with pretest knowledge of 40% and post test score was 86%. Later valedictory was held and certificates were distributed.

“Life isn’t measured in minutes, but in heartbeats”



Adichunchanagiri University
Adichunchanagiri College of Nursing
981 / 5, B G Nagara, Negamangala Rd, Mandya-571448

Workshop on
“BASIC ECG”
“Life isn’t measured in minutes, but in heartbeats”

Date
01st Aug 2022
02nd Aug 2022 @ 10:00 am

Venue
Lecture Hall & Skill Lab, AIMS

Organised by
Department of Medical Surgical Nursing

Resource Person
Mr. Jeril Cherian
Principal
MWT Global Academy Pvt. Ltd.
A Division of Health Careers Group, Australia

Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Mrs. Shobha K R
Associate Professor & HOD



FAREWELL PARTY OF CLASS-2022

॥ ज्ञानं शनं प्रदान करोते ॥

 Adichunchanagiri University  

Adichunchanagiri College of Nursing | Adichunchanagiri Institute of Nursing

“pratinandh”

*Farewell Party
Class of 2022*

*“Every new beginning comes from
some other beginning's end.
We are really going to miss
trying to avoid you around here.”*

*You are cordially
invited to attend,*

Date: 03 August 2022 Time: 10:00 A.M. Venue: BGS Auditorium





GUEST LECTURE ON THE OCCASION OF WORLD HEPATITIS DAY

Dept. Community health nursing has organized guest lecture on the occasion of World Hepatitis Day on 4th Aug 2022 at AIMS lecture hall. The program graced by the presence of Dr Shashikantha-Guest Speaker, Prof Komala H K- HOD of Dept. of CHN, Mr PGN Swamy-Assit.Prof, and Mr Kantaraju- Assit.Prof, Mrs Shashikala- Nursing tutor. Speaker explained on the importance of observing Hepatitis day, it's significance, types of hepatitis, precautionary measures to be taken. Around 175 students from MSc Nursing, B Sc nursing and GNM students participated enthusiastically in this program.



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Adichunchanagiri University

Adichunchanagiri College of Nursing

#H 75, B G Nagar, Nagamangala Tq, Mandya 571448

Guest Lecture on the occasion of
"World Hepatitis Day"

Theme: Bringing Hepatitis care closer to you




Date
04th Aug 2022 @ 02:00 pm

Venue
Lecture Hall, AIMS

Organised by
Department of Community Health Nursing

Guest Speaker
Dr. Shashikantha S K
Associate Professor
Dept. Community Medicine
Adichunchanagiri Inst. of Medical Sciences



Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Komala H K
Professor & HOD

Coordinator
Mr. Swamy PGN
Associate Professor

ORGANIZED AWARENESS PROGRAMME IN BREASTFEEDING WEEK ON HUMAN MILK DONATION AND BANKING

Department of paediatric nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized awareness programme in Breastfeeding Week on Human Milk Donation and Banking 04.08.2022, 11:30 am in Antenatal and Postnatal ward, AH & RC hospital. In ANC & PNC ward total 45 mothers are attended this Programme. Ms. Smitha. N II-year M. Sc Nursing from the department of pediatric nursing, given awareness regarding human milk donation and banking, in that she was explained regarding review of breast feeding, benefits of breastfeeding, human milk donation, purpose of human milk donation, criteria for breastmilk donors, review of human milk bank, advantages of human milk bank, importance of human milk bank, and guidelines of human milk bank. The programme was concluded with taking feedback from the mothers.



CELEBRATION OF WORLD BREASTFEEDING WEEK

Department of OBG nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized "CELEBRATION OF WORLD BREASTFEEDING WEEK" on 06.08.2022,11.00am at ANC PNC ward at AH and RC hospital. The programme was started with inviting dignitaries. Prof. Victoria Sarvand, HOD, OBG department ACN, Mrs. Ramya R, Assist. Professor. There were about 30 antenatal and postnatal mothers were participated in the programme. Miss. Lakshmi 4th year B. Sc nursing student preceded the programme, and explain about theme world breast feeding week 2022, composition of breast milk, types of breast milk, different types of positions for normal delivery & caesarean section, latching, burping, advantages of breast feeding to mother and baby. The programme was very interactive, mothers were actively participated. The programme was concluded with vote of thanks for the occasion. The programme was witnessed by the teaching faculties of OBG department, 2nd year Msc student, 3rd year GNM students, antenatal and postnatal mothers of AH and RC hospital.

Adichunchanagiri University
Adichunchanagiri College of Nursing
194 75, B.G.Nagara, Nagamangala Tq, Mandya-571458

World Breastfeeding Week - 2022

Theme: Step up for breastfeeding
Educate and Support

Organized by
Department of OBG Nursing

06th AUG 2022 | 11:00 A.M. | Postnatal Ward, AH & RC

Chief convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Victoria Sarvand
Professor & HOD



CELEBRATION OF 75TH INDEPENDENCE DAY ON 15TH AUGUST 2022



BREAST FEEDING AWARENESS PROGRAMME AND ROLE PLAY

Department of community health nursing, of ACN organised Breast feeding awareness programme and role play on 18-8-2022 from 10.30 am to 12.30 am at General Hospital Nagamangala. The Programme was inaugurated by Taluk Health Officer Dr. Prasanna, Dr. Aditya and Dr Vasanthalakshmi, other health care personnel's and other teachers along with Prof. Komala H K, Mr. Kantharaju S and Ms. Shashikala K from ACN. Around 30 antenatal and Postnatal mothers were benefited by this awareness programme. In this health education programme the students performed role play on Benefits of breast feeding, advantages, techniques of feeding and what are the steps to be followed and myths about breast feeding. At the same time individual health education carried by Ms. Lakshmi of 4 th BSc Nursing student and 3rd GNM students were demonstrated the techniques through role play performance. The response of the mothers was excellent. The feedback from the THO was excellent. Health education programme concluded by Vote of thanks.

Adichunchanagiri University

ADICHUNCHANAGIRI
COLLEGE OF NURSING

Awareness Programme and Role Play on
"BREAST FEEDING"

Date: 18th August 2022 @ 10:30am

*Venue: General Hospital
Nagamangala*

*Organized by
Department of Community Health Nursing*

Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Komala H K
Professor & HOD

Coordinator
Mr. Swamy PGN
Associate Professor

Coordinator
Mr. Kantharaju S
Assistant Professor



GUEST LECTURE ON “ABNORMAL UTERINE CONTRACTION”

The Department of OBG Nursing organized a Guest lecture on “ABNORMAL UTERINE CONTRACTION” on 25.08.2022, at 11.30 am to 12.30 pm in Multipurpose hall, ACN. Mrs. Ramya P, Lecturer, Department of OBG Nursing, Government college of Nursing, Tumkur, was the chief guest speaker for the programme. The programme started with a Prayer song and Lighting the lamp. Ms. Sonali Burman 3rd year GNM invited the gatherings. Prof. Victoria Sarvand, HOD, OBG department ACN, Mrs. Kavitha N K, Assist. Professor and Mrs. Ramya R, Assist. Professor presented in the programme. The Chief guest speaker of the programme Mrs. Ramya P started sessions with the explanation of abnormal uterine contraction meaning, classification and briefly explained about each type of abnormal uterine contraction and finally discussed nursing management and Pantograph. The programme concluded with a vote of thanks delivered by Ms. Pallavi Sarkar from 3rd year GNM. The programme was witnessed by all the teaching faculties of the OBG department, 3rd year GNM students and 2nd year M. Sc students. Around 60 students attended the programme.



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Adichunchanagiri University

Adichunchanagiri College of Nursing
NH 75, B G Nagara, Nagamangala Tq, Mandya-571443

Guest Lecture on
ABNORMAL UTERINE CONTRACTIONS

Date
25th Aug 2022 @ 11.30 am

Venue
Multipurpose Hall

Organized by
Organized by Department of OBG Nursing

Guest Speaker
Mrs. RAMYA P
Lecturer
Dept of OBG Nursing
Govt. College of Nursing
Tumkuru

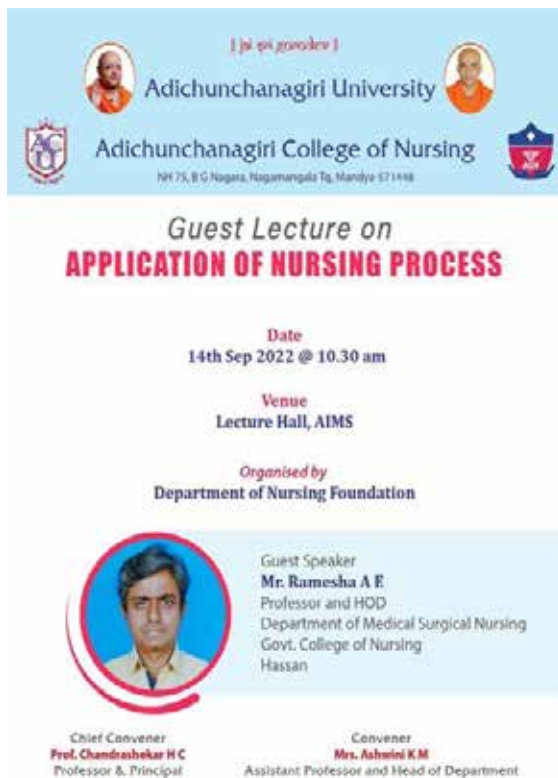
Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Victoria Sarvand
Professor & Head of Department

Coordinator
Mrs. Kavitha N K
Assistant Professor

GUEST LECTURE ON “APPLICATION OF NURSING PROCESS”

The Department of Nursing Foundation organized guest lecture on “Application of Nursing Process” on 14.09.2022 in lecture hall. AIMS. The programme was formally inaugurated by Prof & Principal Chandrashekar H C and the Guest speaker Prof. Ramesh A E followed by lamp lighting ceremony. Mrs. Ashwini K M, HOD of Nursing foundation introduced the speaker for guest lecturer. In this session, the speaker Prof. Ramesh A E, discussed about the meaning of nursing, steps of nursing process which include types of assessment, nursing diagnosis types, planning and outcome, interventions and evaluation. Mainly focused on NANDA Nursing Diagnosis and Nursing intervention classification. Finally concluded the application of nursing process in clinical practice, gradually ended with quires discussion and he clarified the doubts. The Guest lecture concluded with a Guest of Honor and Vote of thanks by Ms. Nayanamol Thomas from 1st Year B. Sc Nursing. The lecture session was witnessed by all the teaching faculties of the Nursing Foundation department, 1st Year B.Sc. Nursing students and also by 1st Year GNM students. Around 180 students with 10 teaching faculties attended the program.

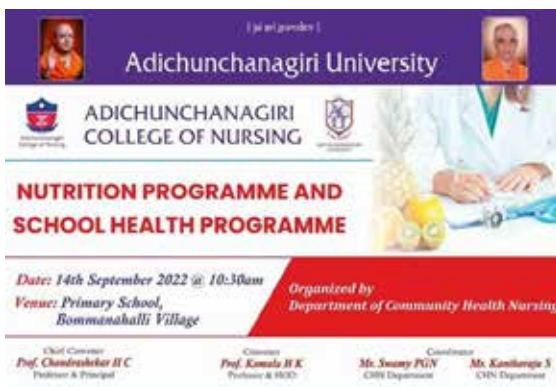


The poster features the university logo at the top left, followed by the name 'Adichunchanagiri University' and 'Adichunchanagiri College of Nursing'. Below this, the title 'Guest Lecture on APPLICATION OF NURSING PROCESS' is prominently displayed. The date '14th Sep 2022 @ 10.30 am' and venue 'Lecture Hall, AIMS' are listed. It is organized by the 'Department of Nursing Foundation'. A circular portrait of the guest speaker, Mr. Ramesha A E, is shown with his title: 'Guest Speaker Mr. Ramesha A E Professor and HOD Department of Medical Surgical Nursing Govt. College of Nursing Hassan'. At the bottom, the Chief Convener 'Prof. Chandrashekar H C Professor & Principal' and Convener 'Mrs. Ashwini K M Assistant Professor and Head of Department' are mentioned.



SCHOOL HEALTH EDUCATION PROGRAMME

Department of community health nursing of Adichunchanagiri college of Nursing organized a school health Education programme and nutrition exhibition on 14-9-2022 from 10.30 am at Govt. Primary school, Bommenahalli village. The Programme was inaugurated by school headmaster Mr. Mariswamy Gowda, Mr. Madugowda panchayats member and Mrs. Vanajakshi, Prof. Komala H K, HOD Dept of CHN, Mr. Swamy PGN, CHN department. Around 15 school children, 3 school teachers and 79 B. Sc nursing students with 3 Adichunchanagiri College of Nursing faculties were participated. In this health education programme the students concentrated on the topics like personal hygiene and the importance of balanced diet. At the same time nutrition exhibition also organised by Nursing students on various elements in nutrition and its importance. The response of the students was good. Health education programme concluded by Vote of thanks.



NUTRITION PROGRAM

Department of Child health nursing in collaboration with department of Nursing Foundation, was organized nutrition program on 30-09-2022 between 10.30 am to 12.30 pm, at ACN auditorium. The program was inaugurated by principal. Prof. Chandrashekar H C. The students were divided into 10 groups. The students prepared charts and models and explained about protein, carbohydrates, balanced diet, diet for pregnancy, diet for diabetic and hypertension. There are 100 students were participated in this programme and it was beneficial to the students.

Adichunchanagiri University
ADICHUNCHANAGIRI COLLEGE OF NURSING

NUTRITION PROGRAM

Date: 30th September 2022 @ 10:30am
Venue: ACN Courtyard

Organized by
Department of Paediatric Nursing
in association with
Department of Nursing Foundation

Chief Guest: Prof. Chandrashekar H C
Principal

Mrs. Anshu F F
Associate Professor & HOD
Dept. of Paediatric Nursing

Mrs. Ashwini K M
Associate Professor
Dept. of Nursing Foundation

The poster features a circular diagram titled '12 MAIN VITAMINS' with various food items and vitamins represented by colorful icons.



POOJA & HOMA AT GANAPATHI TEMPLE



DISTINCTION MARKS ACHIEVERS OF 2021-2022 3RD AND 4TH YEAR B. SC NURSING

 ADICHUNCHANAGIRI UNIVERSITY

 Adichunchanagiri College of Nursing


Ms. SRISHITY


Ms. SHARMISTHA S




Ms. MEENAKSHI


Ms. SUKLA

Distinction marks Achievers III Year B.Sc. Nursing (2019-2020 Batch)


Ms. RAMYASHREE


Ms. SHASHIKALA


Mr. SURESH


Ms. PRATHIMA


Ms. ANUSHA B

Congratulations

 ADICHUNCHANAGIRI UNIVERSITY

 Adichunchanagiri College of Nursing


Ms. ANUSHA MR


Ms. AVISHERUTHI M




Ms. BHOOMIABA


Ms. G RUCHITA

Distinction Marks Achievers - IV Year B.Sc. Nursing (2018-2019 Batch)


Ms. LAKSHMI N


Ms. PRAMODINI KM


Mr. SAHANA EN


Ms. SWAPNA P


Ms. UZMA

Congratulations

AWARENESS PROGRAMME ON MENTAL HEALTH IN VIEW OF WORLD MENTAL HEALTH DAY

Department of Psychiatric Nursing had conducted a Awareness programme on Mental health in view of World Mental Health Day on October 14th 2022* at 10.30am Bommenahalli In this Programme Total 65 2nd Year GNM students were participated.



GUEST LECTURE ON “BIO MEDICAL WASTE MANAGEMENT”

The Department of Nursing Foundation organized guest lecture on “Bio Medical Waste Management” on 04.11.2022 in lecture hall AIMS. The programme was formally inaugurated by, Prof. Keshavamurthy.C.D. and the Guest speaker Mr. George Vivek followed by lamp lighting ceremony. Mrs. Ashwini K M, HOD of Nursing foundation introduced the speaker for guest lecturer. In this session, the speaker Mr. George Vivek, started the session with pretest using the kahoot app regarding Bio Medical Waste management were students actively participated in the pretest. Then he explained regarding the importance of Bio Medical Waste management in the hospital, pre cautionary measures need to take by the health professionals and the different methods of Bio Medical Waste management to be followed by the hospitals to prevent infection and better care of the patient to prevent Nosocomial infection. The Guest lecture concluded with a Guest of Honor and Vote of thanks by Ms. Abiramianil from 1st Year B.Sc. Nursing. The lecture session was witnessed by all the teaching faculties of the Nursing Foundation department, 1st Year B.Sc. Nursing students and by 1st Year GNM students. Around 180 students with 05 teaching faculties attended the program.

The poster features the Adichunchanagiri University logo at the top, with the motto '। jai tri gunadev ।'. Below the university name is the college name 'Adichunchanagiri College of Nursing' and its address 'NH 75, B G Nagara, Nigamangala Tq, Mandya 571448'. The main title is 'Guest Lecture on BIOMEDICAL WASTE MANAGEMENT'. The date is '04th November 2022 @ 10.30 am' and the venue is 'Lecture Hall, AIMS'. It is organized by the 'Department of Nursing foundation'. The guest speaker is 'Mr. George Vivek', a Nurse Educator at Apollo BGS Hospital, Mysuru. The chief convener is 'Prof. Chandreshkar H C', Principal and Professor, and the convener is 'Mrs. Ashwini K M', Assistant Professor and Head of Department.



E -SEMINAR ON “APPLICATION OF NURSING THEORIES INTO PRACTICE”

Department of medical surgical nursing and Department of Psychiatry Nursing, conducted E seminar “ Application of Nursing Theories into Practice” on 21.10.2022 at online platform, Adichunchanagiri college of nursing, B G Nagara. Prof.Chandrashekar H C, Principal, addressed with key note on nursing theories, Dr. Hemam Sangeeta Devi, Principal, SEA College of Nursing Bangalore and Dr. Umadevi A K, Vice Principal, Rajarajeshwari college of nursing Bangalore, were the resource persons for E-seminar. Mrs. Shobha K R, HOD of medical surgical nursing, hosted the seminar, Prof. Keshavamurthy H O D Department of psychiatry welcomed the guests and gatherings, Mrs. Divyashree, Lecturer Department of medical surgical Nursing introduced the speakers and Mr. Chethan B S, Asst.Professor delivered the vote of thanks to the seminar. Both MSc nursing and BSc Nursing Students actively participated in the E seminar.... Feedback was taken from participants.

Adichunchanagiri University
Adichunchanagiri College Of Nursing
NH-75, B.G Nagara, Mandya - 571 448

E-Seminar on "Application of Nursing Theories into Practice"

Organized by Department of Medical Surgical Nursing and Psychiatric Nursing

Date: 21.10.2022 | Time: 11am-1pm | Mode: Online (MS Teams)

Speakers

Dr. Hemam Sangeeta Devi
Principal
SEA College of Nursing,
K R Puram, Bengaluru

Dr. Umadevi A K
HOD & Vice Principal
Raja Rajeswari College
of Nursing, Bengaluru.

Chief Convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Keshavamurthy C D
HOD, Dept. of Psychiatric Nursing

Mrs. Shobha K R
HOD, Dept. of Medical Surgical Nursing

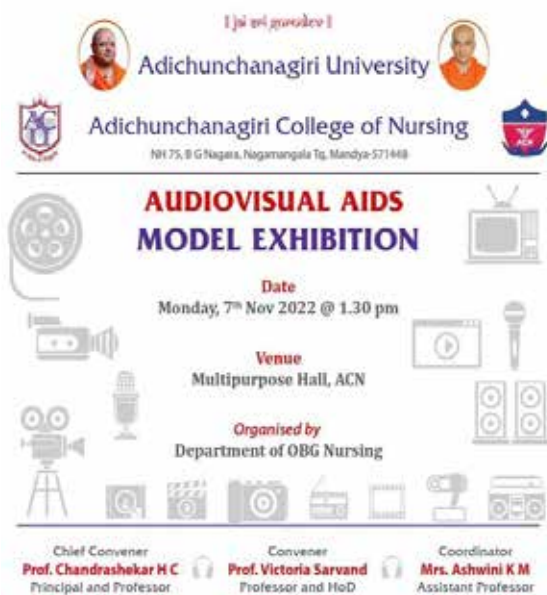
"Fill your Mind with Truth, Fill your Heart with Love, Fill your Life with Service"

Application in Patient Case Study

| Nursing Diagnosis | Outcome & Plan | Implementation |
|--|---|--|
| Potential for impaired cardiac functioning related to lack of knowledge about relationship between cholesterol level and risk of CVD or Stroke | After explaining the underlying, that high cholesterol level increases her risk for cardiac impairment. She will also recognize the relationship between smoking and cardiac risk | She will obtain cholesterol and its effect on cardiac vascular functioning. Identify the analysis for food diary and decides how to decrease cholesterol. Fat intake to reduce her weight. She identifies the food which is rich in cholesterol. Fat and low sodium to be adapted. |

AUDIO-VISUAL AIDS MODEL EXHIBITION

The Department of Obstetrics and Gynaecological Nursing, Adichunchanagiri College of Nursing has organised the audio-visual aids model exhibition on 07th November 2022 @ 1:30 pm in ACN Hostel Premises. There were total 5 groups and in each groups 15 students of 2nd year B. Sc Nursing were participated in the Model Exhibition. Prof. Chandrashekar H C, Principal, ACN inaugurated the exhibition. For this model exhibition Prof. Keshavamurthy C D, HOD of Mental Health Nursing and Dr. Balaji M S, Assistant Professor, were the judges for this programme. Following the exhibition, judges announced the result. The 2nd Group students were awarded as first prize, 3rd Group students were awarded as second prize and the 4th group students were awarded as third prize. All the students were enthusiastically participated in this model exhibition.



The poster features the Adichunchanagiri University logo at the top, followed by the college name and address. It includes icons for a film reel, television, camera, microphone, and speakers. The text provides the date (Monday, 7th Nov 2022 @ 1.30 pm), venue (Multipurpose Hall, ACN), and organizers (Prof. Chandrashekar H C, Prof. Victoria Sarvand, Mrs. Ashwini K M).

Adichunchanagiri University
Adichunchanagiri College of Nursing
19175, B G Nagar, Nagamangala Tq, Mandya-571448

AUDIOVISUAL AIDS MODEL EXHIBITION

Date
Monday, 7th Nov 2022 @ 1.30 pm

Venue
Multipurpose Hall, ACN

Organised by
Department of OBG Nursing

Chief Convener
Prof. Chandrashekar H C
Principal and Professor

Convener
Prof. Victoria Sarvand
Professor and HoD

Coordinator
Mrs. Ashwini K M
Assistant Professor



ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ 2022

Kannada Rajyotsava was celebrated with great pomp and fervour at BGS Auditorium, Adichunchanagiri University in the divine presence of Paramapoojya Jagadguru Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji.

Prof M krishnegowda, Rajyotsava Awardee, GOK was the Chief Guest.

Dr N S Ramegowda, CEO, SAST, Dr Rajkumar Katri, BOG member of ACU, Dr M A Shekar, VC of ACU, Dr C K Subbaraya, Registrar of ACU, ACU officials, Principals of constituent colleges of ACU, faculty and students participated in the program.

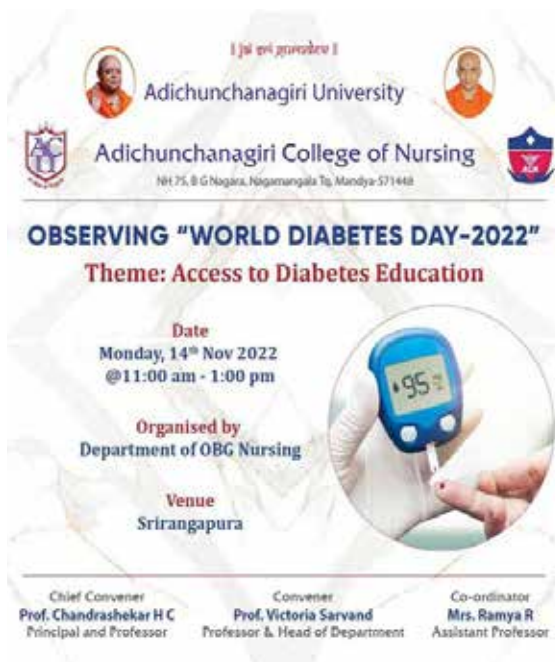
The event was marked by Procession, Puja, Prayers, Songs, Music, Dance and various cultural events by faculty and students of ACU.

Nudi Namana - A tribute was given to Karnataka Rathna Dr Punith Rajkumar.



AWARENESS PROGRAMME ON "WORLD DIABETES DAY-2022"

The Department of OBG nursing, has organized an awareness programme on the occasion of "WORLD DIABETES DAY-2022" on 14.11.2022, at 10.30am to 11.30am in Srirangapura village. The programme has started with welcoming the gathering. The Programme was carried out by 4th year B.Sc. Nsg students Ms. Vaishnavi and Ms. Meenakshi. They were explained about the definition, causes, signs and symptoms, effects of diabetes on pregnancy and baby and about different diagnostic methods and at last explained about management of Gestational diabetes mellitus. The Awareness Programme is witnessed by around 25 antenatal and post-natal mothers and 4th year Bsc(N) students. All the participants were enthusiastically participated in the programme.



Adichunchanagiri University
Adichunchanagiri College of Nursing
Hbt 75, B G Nagar, Hagarangala Tp, Mandya-571448

OBSERVING "WORLD DIABETES DAY-2022"
Theme: Access to Diabetes Education

Date
Monday, 14th Nov 2022
@ 11:00 am - 1:00 pm

Organised by
Department of OBG Nursing

Venue
Srirangapura

Chief Convener
Prof. Chandrashekar H C
Principal and Professor

Convener
Prof. Victoria Sarvand
Professor & Head of Department

Co-ordinator
Mrs. Ramya R
Assistant Professor



AWARENESS PROGRAMME ON WORLD PREMATURITY DAY

The Department of OBG nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized "WORLD PREMATURITY DAY" on 17.11.2022 11.00am at Thiganahalli village, Bellur. The programme was started with inviting dignitaries. The programme was carried out by Ms. Vedashree and Ms. Puniyashree fourth year Bsc nursing students preceded the programme, and explain about introduction of prematurity, definition, comparison of term and preterm baby, care of premature baby and about kangaroo mother care. The programme was very interactive, mothers were actively participated. The programme was concluded with vote of thanks. The programme was witnessed by the teaching faculties of OBG department and 4th year Bsc Nsg students, anganwadi workers, 25 antenatal and postnatal mothers.



The poster is for the "OBSERVING 'WORLD PREMATURITY DAY-2022'" event. It features the logos of Adichunchanagiri University and Adichunchanagiri College of Nursing. The theme is "A parent's embrace: A powerful therapy Enable skin-to-skin contact from the moment of birth". The date is Thursday, 17th Nov 2022, from 11:00 am to 1:00 pm. The event is organized by the Department of OBG Nursing at Thigalanahalli. The poster also lists the Chief Convener (Prof. Chandrashekar H C), Convener (Prof. Victoria Sarvand), and Co-ordinator (Mrs. Ramya R).



Anakanahalli, Karnataka, India

CELEBRATING THE NATIONAL LIBRARY WEEK

The Library advisory committee of ACN, B.G Nagara is celebrating the NATIONAL LIBRARY WEEK - NOV 14th to NOV 19th, 2022. As part of this celebration the committee has organized a workshop Scholarly information discovery platforms for nursing literature at AIMS, Seminar hall on November 19th between 10.30 am to 12.30 PM. The session was started by Mrs. Bushra Sardar by stating the importance of the national library week as well as with an importance to know about scholarly based literature reviews. The guest speaker, principal and other dignitaries on the stage and off the stage were officially welcomed by Ms. Smitha N, 2nd year M. Sc Nursing. Then The guest speaker was introduced by Ms. Poornima C G, 2nd year M. Sc Nursing. The guest speaker *Dr. Shivaram B S* enlightens all participating delegates regarding the importance of scholarly reviews, challenges, CRAAP, benefits of scholarly websites, list of scholarly websites, process of getting the reviews from scholarly websites. Then the session was concluded by honouring the Guest speaker and Chief guest by our beloved *Principal, Prof. Chandrashekar H C with a vote of thanks delivered by Mr. Nikhil J V, 2nd year M. Sc nursing. There were 80+ participants who witnessed the scientific session from all teaching faculties, 4th year B. Sc, 2nd year P.B.B.Sc, 1st and 2nd M. Sc togetherly.

ADICHUNCHANAGIRI UNIVERSITY
ADICHUNCHANAGIRI COLLEGE OF NURSING
B.G. Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka

Learning Resource Centre Celebrates
NATIONAL LIBRARY WEEK
In association with
ACN-Library Advisory Committee, IQAC and NIRF
14th - 20th November 2022

Organises Workshop on
**"Scholarly Information Discovery
Platforms for Nursing Literature"**

19th November 2022 | Time : 10.30 a.m to 11.30 a.m
Venue : Seminar Hall, Ground Floor, AIMS

Resource Person
Dr. Shivaram B S
ICAST, CSIR-NAL,
Bengaluru.

All are Cordially Invited.

ADICHUNCHANAGIRI UNIVERSITY
ADICHUNCHANAGIRI COLLEGE OF NURSING
B.G. Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka

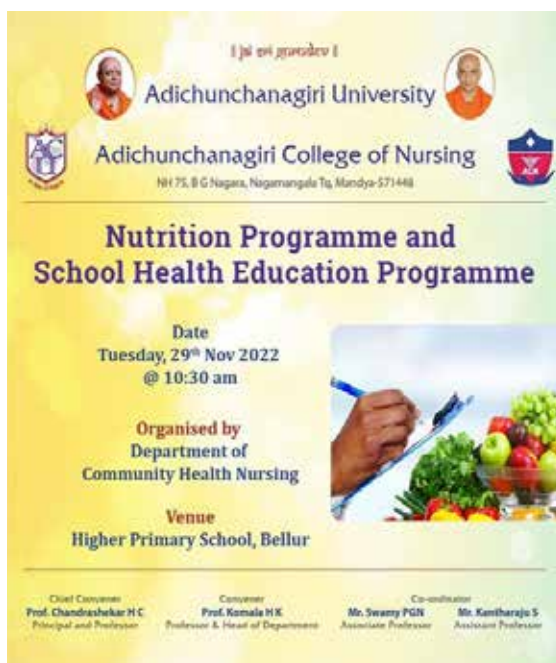
LEARNING RESOURCE CENTRE
In association with
**ACN-Library Advisory Committee,
IQAC and NIRF**

Celebrates
NATIONAL LIBRARY WEEK
19th November 2022 | Time : 10.30 a.m to 11.30 a.m
Venue : Seminar Hall, Ground Floor, AIMS
All are Cordially Invited



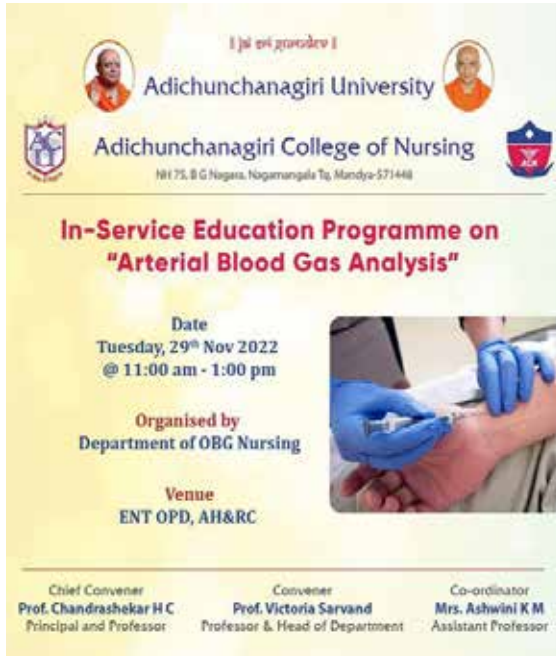
SCHOOL HEALTH EDUCATION PROGRAMME AND NUTRITION EXHIBITION

The Department of community health nursing has organized a school health Education programme and nutrition exhibition on 29-11-2022 from 10.30 am at Govt. Higher Pimary school, Bellur. The Programme was inaugurated by school Prof. Chandrashekar H C, Principal, ACN and headmaster Mr. Shabber ahammed, C R P Mr. Shivaraj and Prof. Komala H K, HOD Dept of CHN. Around 68 school children, 3 school teachers and 73 B.Sc nursing students with 2 Adichunchanagiri College of Nursing faculties were participated. In school health programme the students conducted health assessment of the school children's and identified health problems. The students of Adichunchanagiri College of Nursing organised role play on environmental sanitation also conducted health education programme here the students concentrated on the topics like personal hygiene and the importance of personal hygiene. At the same time nutrition exhibition also organised by Nursing students on various elements in nutrition and its importance. The response of the students was good. Health education programme concluded by Vote of thanks.



IN SERVICE EDUCATION PROGRAMME ON "ARTERIAL BLOOD GAS ANALYSIS"

The Department of OBG nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized In service education programme on "Arterial Blood Gas Analysis" on 29.09.2022, at 11am at ENT OPD, AH and RC Hospital. The programme was started by Miss. Poornima 2nd year Msc(N) student by welcoming Mrs. Hemalatha nursing superintendent, Prof. Victoria Sarvand, HOD, OBG department ACN, Mrs. Ashwini K M Assist Professor, gathered in the programme. The programme was started by Miss. Chandana first year Msc nursing student preceded the programme, and explain about introduction, definition of ABG, purposes, indication, contraindication, Acid base imbalance, types of acid base imbalance, articles used in ABG, procedure, complication and nurses role during ABG analysis. The programme was very interactive, all the staff nurses were actively participated. The programme was concluded with feedback session and vote of thanks for the programme. The programme was witnessed by all the teaching faculties of OBG department and Msc Nsg students, around 40-50 staff nurses of AH and RC hospital attended the programme.



Adichunchanagiri University
Adichunchanagiri College of Nursing
18175, B.G Nagara, Hogenahalli Tq, Mandya-571448

**In-Service Education Programme on
"Arterial Blood Gas Analysis"**

Date
Tuesday, 29th Nov 2022
@ 11:00 am - 1:00 pm

Organised by
Department of OBG Nursing

Venue
ENT OPD, AH&RC

Chief Convener
Prof. Chandrashekar H C
Principal and Professor

Convener
Prof. Victoria Sarvand
Professor & Head of Department

Co-ordinator
Mrs. Ashwini K M
Assistant Professor



RALLY ON WORLD AIDS DAY

The Department of community health nursing in association with OBG department has organized rally on the occasion of World AIDS day on 01-12-2022 from 10.30 am at Arani Village. The Programme was inaugurated by school headmaster and ACN faculties. Around 56 school children, 3 school teachers and 78 B. Sc Nursing students with 2 Adichunchanagiri College of Nursing faculties were participated along with ASHA health worker of that village. Rally started from School and covered all the street with slogans pertaining to the AIDS prevention and stigma.


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Adichunchanagiri University



ADICHUNCHANAGIRI COLLEGE OF NURSING





RALLY ON WORLD AIDS DAY

Date: 01st December 2022@ 10:30am
Venue: Arani Village

Organized by
Department of Community Health Nursing
in association with
Department of OBG Nursing

Chief Convener
Prof. Chandrashekar H C
Principal

Convener
Prof. Komala H K
Professor & HOD

Convener
Prof. Victoria J Sarvand
Professor & HOD

Coordinator
Mr. Kantharaju S
Assistant Professor



NABH Accreditation

With the support and blessings of Paramapoojya Mahaswamiji, we are very happy and proud to inform that NABH (Entry Level) Accreditation is Renewed for two more years for our parent hospital, Adichunchanagiri Hospital and Research Center, B G Nagara.



GUEST LECTURE ON EPILEPSY

The Department of Psychiatric Nursing organized a Guest lecture on Epilepsy in the month of DECEMBER 14th 2022 at 11am. Mr. Jayaprakash C.S Asst. Professor Srinivas Institute of Nursing, Mangalore he started a session with the introduction of Epilepsy, Incidence and also he explained about Prevention and role of nurses while taking care of post epileptic patients. In this session total 80 students were participated from 2nd year B. Sc (N)

Finally, the session was concluded by Prof. Keshavamurthy C.D from the department of psychiatry ACN.



Adichunchanagiri University
Adichunchanagiri College of Nursing
NH 75, B.G.Nagara, Nagamangala Tq, Mandya-571448

Guest Lecturer on
"Epilepsy"

Organized by
Department of Psychiatric Nursing

Date: 15th December, 2022 @ 11.00 A.M.

Guest Speaker
Mr. Jayaprakash C S
Assistant Professor
Dept. of Psychiatric Nursing, Srinivas Institute of Nursing
Mangaluru

Venue:
Seminar Hall, AIMS

Chief convener
Prof. Chandrashekar H C
Professor & Principal

Convener
Prof. Keshavamurthy C D
Professor & HOD

Co-ordinator
Mr. Chethan B S
Assistant Professor



INDUCTION PROGRAM

Induction program was conducted for First Year MBBS students and Nursing students at AIMS, B G Nagara in the divine presence of Paramapoojya Jagadguru Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji. Dr N K Venkataramana, Chairman and MD of Brain's Super Speciality Hospital, Bengaluru, Dr E S Chakravarthy, Global RMG Head, TCS and Dr Amarnath Gowda, Former AKKA President were the chief guests. Dr M A Shekar, VC of ACU, Dr K Byrappa, Pro VC of ACU, Dr C K Subbaraya, Registrar of ACU, Dr N S Ramegowda, CEO of SAST, Dr M G Shivaramu, Principal of AIMS, Professor Chandrashekar, Principal of ACN, Principals of constituent colleges of ACU, faculty, Parents, and Freshers of Medical and Nursing Colleges participated in the program. The event was marked by cultural programs and Video Display.



2021-2022 Rank Holders (Final Year)

B.Sc Nursing



Ms. Uzma B A
1st Rank – 74.77%



Ms. Pramodhini K M
2nd Rank – 71.19%



Ms. Avishruthi Mishra
3rd Rank – 70.85%



Ms. Lakshmi M
4th Rank – 70.58%



Mr. Bharath M
5th Rank – 70.50%

Post Basic B.Sc Nursing



Ms. Anusruthi Anilkumar
1st Rank – 80.16%



Ms. Kavya S
2nd Rank – 79.24%



Ms. Midhula Saneeshkumar
3rd Rank – 71.13%



Ms. Rashmi S
4th Rank – 70.27%



Ms. Sangeetha C M
5th Rank – 69%

M.Sc Nursing



Mr. Theja B C
1st Rank – 85.54%



Mrs. Afsana Firdose
2nd Rank – 83.31%



Ms. Poornima C G
3rd Rank – 82.31%



Mrs. Rashmi S
4th Rank – 80.69%



Ms. Smitha N
5th Rank – 79.31%

Research Profile (Publication/Articles) Year- 2022

Mrs. Ashwini K M & Mrs. Arathi T V

Effectiveness Structured Teaching Programme on Knowledge Regarding Female Foeticide Among Women of Reproductive Age Group
INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH

Ashwini K M

Original Research Paper-Hypnotism-Elucidated Review
INDIAN JOURNAL OF RESEARCH

Dr. Balaji M S, Prof. Chandrashekar H C, Prof. Keshavamurthy C D & Mrs. Ramya R
Original Research Paper - A Succinct Review Article on "Nipah Virus Infection (NIV)"

GLOBAL JOURNAL FOR RESEARCH ANALYSIS

Dr. Balaji M S

A Study to assess Evaluate the Effectiveness of Self-Instructional Module on Knowledge Regarding Maternal Health Benefits Among Antenatal Mothers In Selected Rural Areas, Tumkur
INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH

Prof. Chandrashekar H C, Prof. Keshavamurthy C D & Dr. Balaji M S

RTOS Health Monitoring System With Blood Oxygen Saturation Analytics.
INTERNATIONAL JOURNAL OF SCIENTIFIC & ENGINEERING RESEARCH

Mr. PGN Swamy, Mrs. Shilpa P M, Mr. Hemanth C K & Mrs. Arathi T V

Effectiveness of Structured Teaching Program on Knowledge Regarding Psychotherapeutic Approach (Problem Solving Skills) on Academic Performance Among 1st Year B. Sc Nursing Students at Adichunchanagiri College of Nursing
IOSR JOURNAL OF NURSING AND HEALTH SCIENCE

Mr. Hemanth C K, Mrs. Arathi T V, Mrs. Shilpa P M & Mr. PGN Swamy

A Study To Assess The Health Problems Faced By Night Duty Staff Nurses At AH&RC. B.G. Nagara
INTERNATIONAL JOURNAL FOR INNOVATIVE RESEARCH IN MULTIDISCIPLINARY FIELD

Prof. Shobha K R

Effectiveness of Nurse-Led Educational Intervention on Knowledge Regarding Management of Chronic Kidney Disease Among Patients
INTERNATIONAL JOURNAL OF NUTRITION, PHARMACOLOGY, NEUROLOGICAL DISEASES

Ms. Mohini, Mr. Hemanth C K, Mrs. Arathi T V & Mrs. Shilpa P M

A Review Article on Newborn Care
INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH

Mr. Nikil V, Prof. Chandrashekar H C, Prof. Komala H K, Mr. PGN Swamy,
Dr. Balaji M S & Prof. Keshavamurthy C D

A Comprehensive Review Article on 5 F's of Disease Transmission and Its
Prevention

INTERNATIONAL JOURNAL OF RECENT SCIENTIFIC RESEARCH

Ms. Nisha Dhiryana, Mr. Chethan B S, Prof. Keshavamurthy C D & Prof.
Chandrashekar H C

Review an Article on Examination Stress

INTERNATIONAL JOURNAL OF CURRENT SCIENCE

Mrs. Shilpa P M & Mr. PGN Swamy

Effectiveness of Structured Teaching Programme on Levels of Knowledge
Regarding First Aid Management Among Primary School Teachers

IOSR JOURNAL OF NURSING AND HEALTH SCIENCE

Prof. Komala H K & Mrs. Arathi T V

Perception of Women Regarding Informed Consent Before Laparoscopic
Sterilization in Selected Phcs

INTERNATIONAL JOURNAL OF HEALTH SCIENCES

Prof. Victoria Sarvand

Monkeypox-Trending Mutating & Out Bursting Disease

INTERNATIONAL JOURNAL OF NURSING EDUCATION

Prof. Victoria Sarvand

OSCE Finest Practice Guidelines–Pertinency For Nursing Simulations

INTERNATIONAL JOURNAL OF NURSING EDUCATION

Ms. Poornima C G, Mrs. Ashwini K M, Prof. Victoria Sarvand, Mrs. Kavitha N K &
Mrs. Ramya R

Review Article on Ppiucd

INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH

Mr. Theja B C, Prof. Shobha K R, Prof. Keshavamurthy C D & Prof. Chandrashekar
H C

The Copd and Drawbacks of Non-Invasive Ventilation In The Treatment of Copd
Patients

INTERNATIONAL JOURNAL OF CURRENT SCIENCE

Placement Partners



ALUMNI SPEAK



MITHUN KUMAR B P

Associate Professor
Kempegowda Institute of Nursing Sciences, Bengaluru

I am always grateful to say that I am a graduate from one of the best Nursing institutions in Karnataka.



BETTE GOWDA P R

Founder & CEO at HRPRO People Consulting
HRPRO People Consulting, India

I'm delighted to be here today as an alumna of ACN, eager to share my educational experience and journey with all of you. Looking back, my time at ACN was transformative and played a pivotal role in shaping my perspective and future endeavors.

My journey of aspiring to achieve a Gold Medal began during my time at ACN. The foundation of dedication, hard work, and the pursuit of excellence was instilled in me during those formative years.

However, as fate would have it, my journey to attain the Gold Medal took a different route. I am elated to share that I eventually achieved my dream of being a Gold Medalist, not from ACN, but from the prestigious University of Mysore during my postgraduate studies.

The educational journey at ACN not only provided me with knowledge but also nurtured my aspirations. Today, I stand as the proud founder of a company that focuses on supporting both businesses and individuals in their diverse needs - whether in their ventures or career aspirations.

Thank you, ACN, for the unwavering support and the exceptional educational experience. I look forward to seeing the institution continue to inspire and empower the next generation.



DIPANKAR MAITI

Staff Nursing
Manipal Hospital, Bengaluru

Tremendous, Very Prestigious Institute, if it would have been situated in the core of Bangalore city. Then undoubtedly it would have gotten more and more fame. Overall I'm too happy and blessed to be a part of our esteemed institution ACN.

Awards Best Young Researcher Award in Medical Science, IAREA-23

SKETCHES BY STUDENTS SAY NO PLASTIC



॥ जल स्रोत सुरक्षित ॥


Adichunchanagiri University
 Adichunchanagiri College of Nursing
 

SAY NO TO PLASTIC

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- Plastic is a man-made material, unlike other natural substances, it is not possible to dispose of it as it is a non-biodegradable material.
- Plastic bags are produced in large quantities all over the world, resulting in huge amounts of waste.
- This waste remains on the earth for thousands of years and it causes pollution of Land, Water and Air.
- In this way, it causes many serious diseases and environment pollution.
- When plastic bags are discarded after use, it becomes a serious environmental hazard.
- Along with polluting the land, it also affects the growth of trees and crops.
- Both wild plants and cultivated crops are affected by this.
- When trees are plants are harmed, the whole environment is negatively affected by it.
- Animal-birds also confuse and eat these plastic bags as their food, which makes them sick.
- Every year a large number of animals and birds, animals die due to eating plastic bags.




POLLUTION, THE SILENT KILLER SAVE THE EARTH




DO NOT USE PLASTIC

“Plastic is like a knife,
which harms our life.”

Name- Moumita Singh
Class- 8th year (G.N.M)
Roll No- 28



Say NO TO PLASTIC

॥ जल स्रोत सुरक्षित ॥



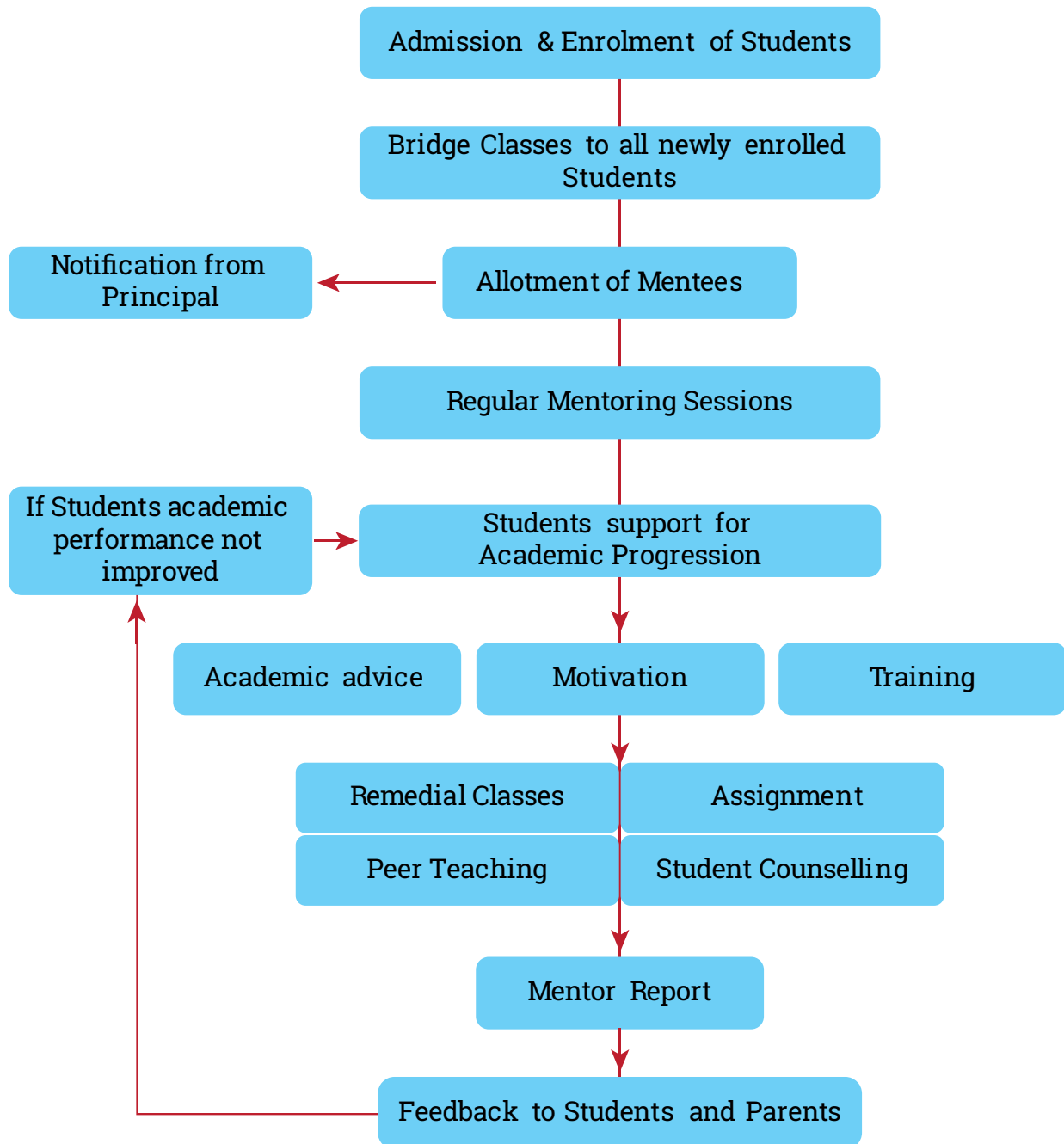
SAY NO!
TO PLASTIC BAGS!
PLEASE SAVE THE EARTH

Sunita Singh, 1st year, 2019-20

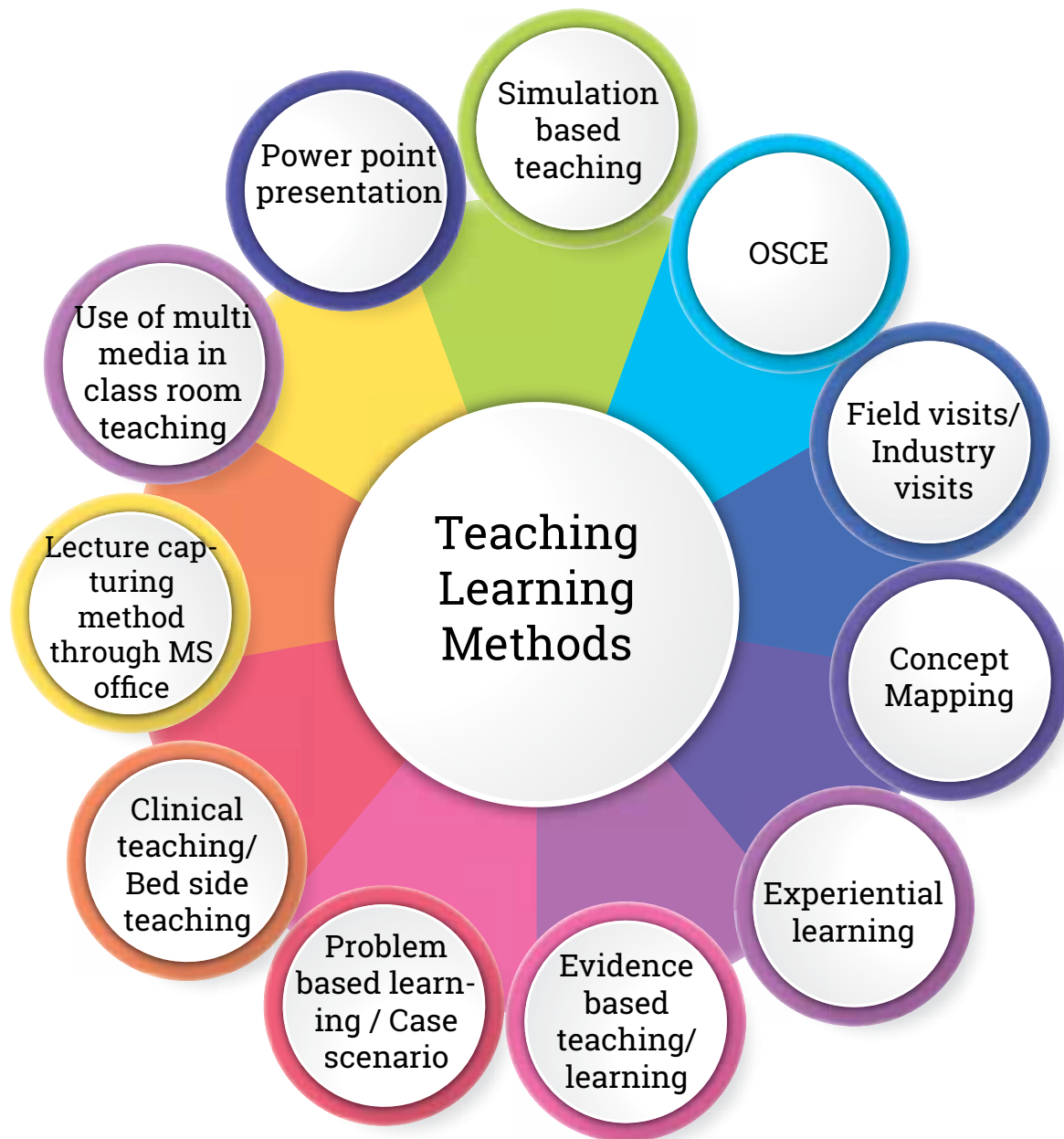


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॥ ज्ञे त्वा इत्तं दृष्टवत्ते च ॥



ADICHUNCHANAGIRI UNIVERSITY

(Estd. Under Karnataka Act No. 18 of 2013)



MEDICAL

- ✓ ▶ M.B.B.S ▶ M.D ▶ M.S ▶ M.P.H
 - ✓ M.Sc (Medical)
Biochemistry, Microbiology
- Ph: 98455 67500 | aims@acu.edu.in**

PHARMACY

- ✓ B.Pharm ▶ M.Pharma
 - ✓ Pharm .D ▶ D.Pharm
- Ph: 98458 63779 | saccp@acu.edu.in**

NURSING

- ✓ B.Sc. ▶ P.B. B.Sc. ▶ M.Sc.
- Ph: 98806 35609 | acn@acu.edu.in**

ALLIED HEALTH SCIENCES

- ✓ B.Sc.
 - ▶ Medical Laboratory Technology
 - ▶ Medical Imaging Technology
 - ▶ Renal Dialysis Technology
 - ▶ Anaesthesia & Operation
 - ▶ Theatre Technology
 - ▶ Optometry
- P: 98806 35609 | acuahs@acu.edu.in**

HUMANITIES & SOCIAL SCIENCES

- ✓ B.Com. ▶ BBA ▶ B.Ed.
- P: 98806 35609 | acn@acu.edu.in**
E: bgsfgc@acu.edu.in | bgsce@acu.edu.in

ENGINEERING

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 - ▶ Civil Engg.
 - ▶ Mechanical Engg.
 - ▶ Computer Science & Engg.
 - ▶ Information Science Engg.
 - ▶ Electronics & Comm. Engg.
 - ✓ M.Tech.
 - ▶ Computer Science & Engg.
 - ▶ Structural Engg.
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 - ✓ (M.H.A) Master of Hospital Administration
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 - ▶ Physics ▶ Chemistry
 - ▶ Nanoscience ▶ Biochemistry
 - ▶ Biotechnology ▶ Microbiology
 - ▶ Molecular Biology
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Ph.D Programs in all Faculties



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