



॥ ज्ञेते इते ह्यनपेदेव ॥

Adichunchanagiri University  
**Adichunchanagiri College of Nursing**



# ▶ **NEWS LETTER**

**Impression of ACN**



EDITION

**06**

 *Shushrushavani*    
COLD HANDS, WARM **HEART**...  
VOL-III ISSUE-III

## EDITORIAL BOARD

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ADICHUNCHANAGIRI  
UNIVERSITY

## Vision

Education for all with Value Systems of  
Empathy, Enrichment, Equity, Excellence,  
Empowerment, Entrepreneurship & Enlightenment  
to Serve the Society

## Mission

- Education to all for Self Reliance, Socio-Economic Change to develop an Inclusive Society with Shared Opportunities & Responsibilities
- Empathy towards the Less Fortunate, the Sick, the Suffering & the Disabled
- Enrichment to acquire Abundant Knowledge, Requisite Skills & Appropriate Attitude
- Excellence for Quality Assurance, Enhancement & Sustenance in Academics & Research to produce Graduates of Global Standards
- Equity for Fairness & Social Justice by providing Equal Opportunities
- Empowerment of Graduates to become Intuitive, Innovative & Inventive
- Entrepreneurship is a concept or idea involving the product or service to be delivered, or a new technology to be developed
- Enlightenment to attain Wisdom & Virtues in Life to think beyond Self



# Adichunchanagiri College of Nursing

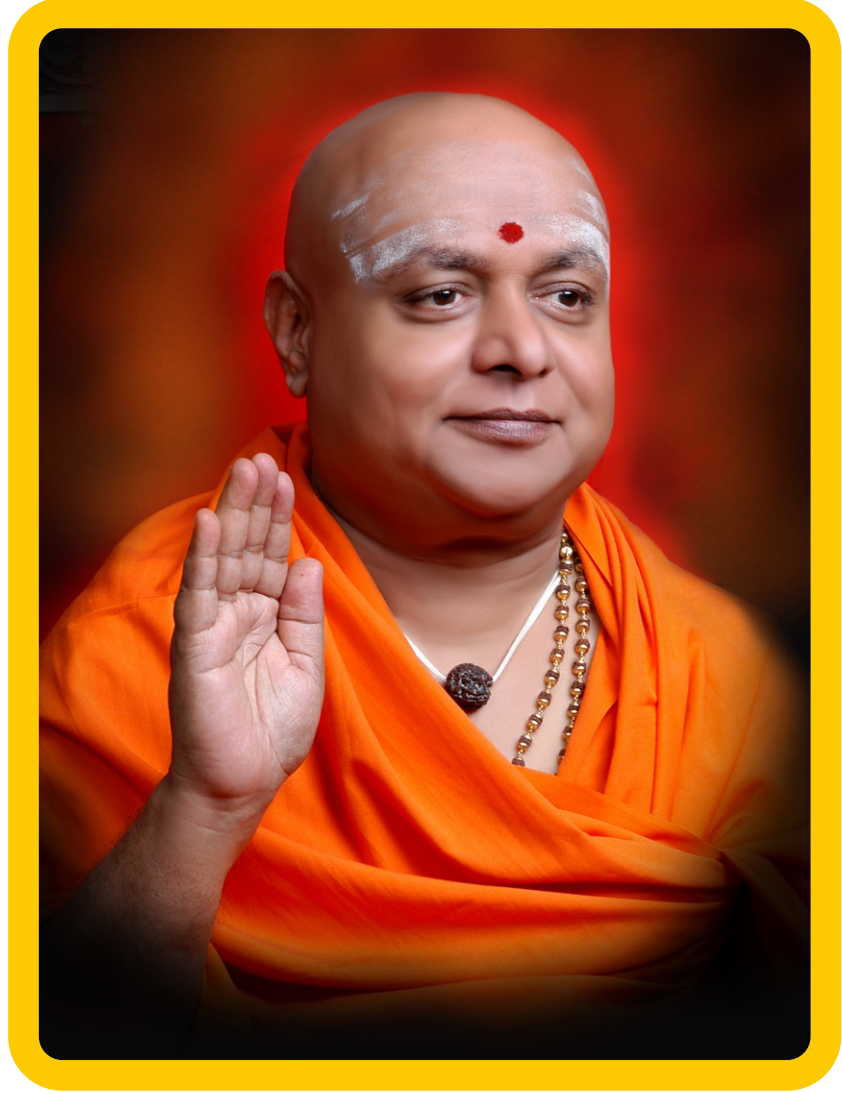
## **Vision**\_\_\_\_\_

To be recognized as a leading & unique institution to prepare competent nursing professionals with human values to provide quality nursing care to attain and maintain positive health in society.

## **Mission**\_\_\_\_\_

To provide high quality nursing education with a broad theoretical base and diverse clinical experience that enhances the individual to become a good nurse in professional practice. Our mission is to advance health through excellence in nursing and inter disciplinary teaching, research, practice and service.

|| Jai Sri Gurudev ||



Paramapoojya Jagadguru Padmabhushana  
**Sri Sri Sri Dr. Balagangadharanatha  
Mahaswamiji**

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“Live like a butterfly...  
take the best without destroying or  
hurting anybody but giving pleasure to everyone”

|| Jai Sri Gurudev ||

“Inspiration should lead to perspiration,  
together leads to realising aspirations.....”

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**Sri Sri Sri Dr. Nirmalanandanatha  
Mahaswamiji**  
The Hon'ble Chancellor





ADICHUNCHANAGIRI  
UNIVERSITY

॥ ज्ञेवो इगो वृषारुवेडर ॥



Adichunchanagiri  
College of Nursing

'सा विद्या या विमुक्तये' | "sā vidyā yā vimuktaye"

Knowledge or Vidya  
gives Power, Pleasure & Honor.

Both Science and Spirituality enrich us  
with knowledge, which is superior  
& lead us to liberation.

Liberation from Physical, Mental & External  
Bonds is attained through the control of  
external nature with the help of science;  
while liberation from Internal Bonds is  
attained through Ethics and Religion.

**Sā vidyā yā vimuktaye**  
that which liberates is knowledge



**Prof. Dr. S. Chandrashekar Shetty**  
**The Hon'ble Vice Chancellor**

Dr. S. Chandrashekar Shetty is Chief Sight First Technical Advisor, India & Sri Lanka, Lions Clubs International Foundation, Member, Board of Management of Nitte and JSS Deemed to be Universities, Chairman, Peer Team, National Assessment and Accreditation Council (NAAC), Bangalore and Chairman, Advisory Committee of Rajiv Gandhi Institute of Public Health & Centre for Disease Control (A unit of RGHUS), Bangalore.

Formerly, Vice-Chancellor of Rajiv Gandhi University of Health Sciences, Bangalore, Sri Devaraj Urs Deemed to be University, Kolar, Vice Chairman, Indian Red Cross Society, Karnataka, Advisor, National Program for Control of Blindness, Karnataka, Director, Regional Institute of Ophthalmology, Minto Ophthalmic Hospital, Bangalore, Chairman of the and Advisor – National Program for Control of Blindness, Karnataka.

Dr. Shetty an Ophthalmologist by training, held teaching positions in Government Medical Colleges of Hubli, Mysore and Bangalore. He was awarded with a WHO Fellowship training in Vitreo- Retinal Surgery at Moorefield's Eye Hospital, London and short training at Eye & Ear infirmary, Chicago, Illinois, Sydney Eye Hospital and Eye & Ear Infirmary, Melbourne, Australia.

As Technical Advisor, Sight First program, Lions Clubs International for South India and Sri Lanka since 1991, he has been responsible for developing more than 100 Eye Care projects worth 23 million US dollars. Financial assistance was given for conducting more than 5 lakh Free Cataract Surgeries to the poorest of poor patients in South India and Sri Lanka.

He was conferred with Honorary Doctor of Science (Honoris Causa) by Rajiv Gandhi University of Health Sciences, Karnataka and Odessa State Medical University, Ukraine for his contribution to the field of Medical Education and Community Ophthalmology. He has been recipient of many State, National and International Orations, Awards and Recognitions.

## Constituent units of ACU



ADICHUNCHANAGIRI  
UNIVERSITY

- ▶ Adichunchanagiri Institute of Medical Sciences
- ▶ Sri Adichunchanagiri College of Pharmacy
- ▶ Adichunchanagiri College of Nursing
- ▶ BGS Institute of Technology
- ▶ BGS College of Education
- ▶ BGS First Grade College
- ▶ Adichunchanagiri School of Natural Sciences
- ▶ Adichunchanagiri School of Allied Health Sciences
- ▶ Adichunchanagiri Institute of Molecular Medicine

## **Programmes Offered**

### **Diploma in Nursing**

#### **GNM (General Nursing and Midwifery)**

Duration: 03 Years

Eligibility: PUC/10+2 Pass

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### **Bachelor in Nursing**

#### **B. Sc Nursing**

Duration: 04 Year

Eligibility: PUC/10+2 Pass in Science (PCMB only)

#### **Post Basic B. Sc Nursing**

Duration: 02 Year

Eligibility: GNM Pass

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### **Master of Nursing**

#### **M. Sc Nursing**

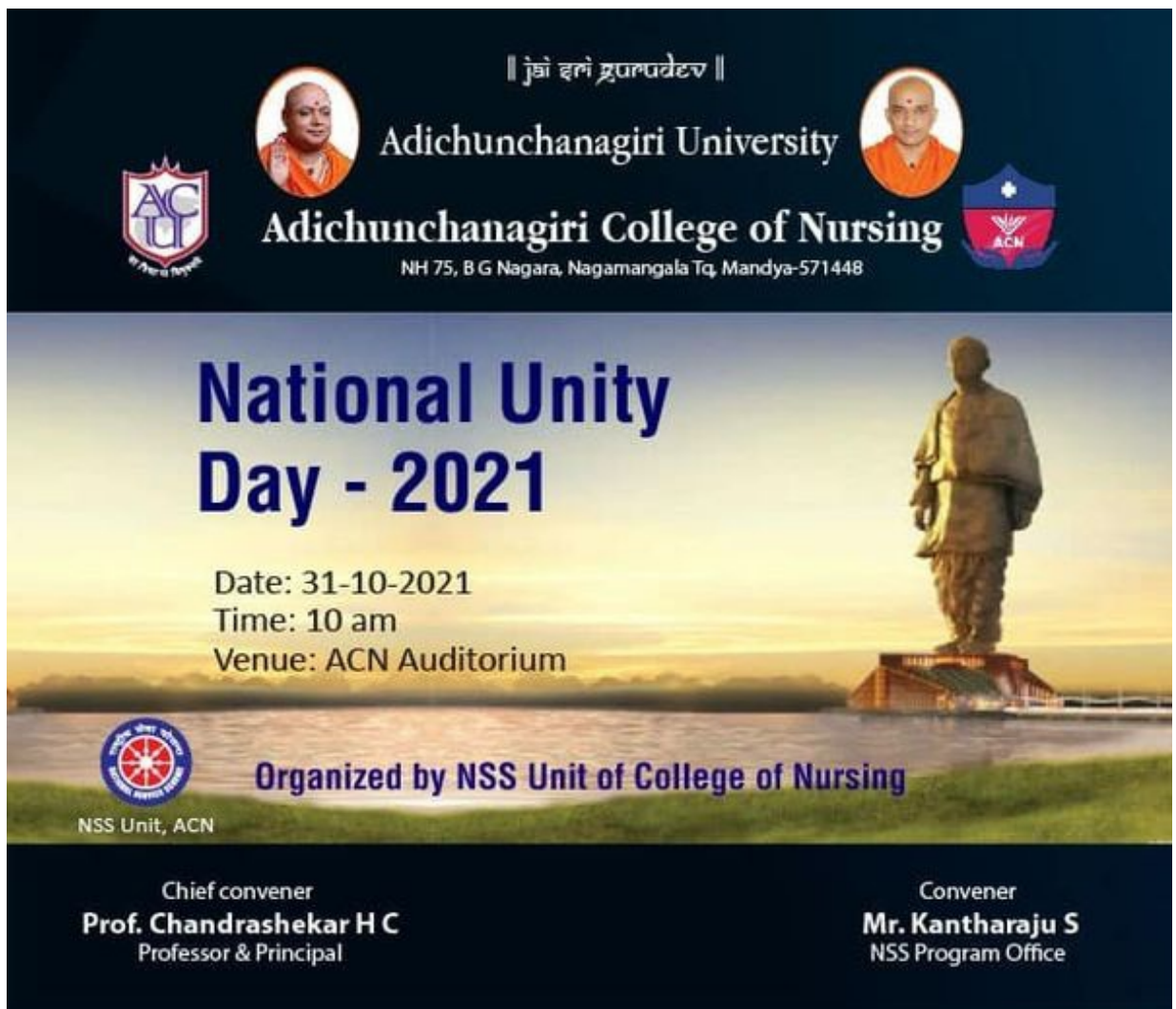
- Community Health Nursing
- Medical Surgical Nursing
- OBG Nursing
- Child Health (Paediatric) Nursing
- Mental Health (Psychiatric) Nursing

Duration: 02 Year

Eligibility: B. Sc Nursing or Post Basic B. Sc Nursing Pass

## NATIONAL UNITY DAY (RASHTRIYA EKTA DIWAS)-2021

The birth anniversary of our first deputy prime minister late Sardar Vallabhbhai Patel was celebrated as national Unity Day (Rashtriya Ekta Diwas) on 31st October 2021 organized by the NSS unit of Adichunchanagiri college of nursing. The principal Prof. Chandrashekar H C address the event with the student should made aware of responsibilities as citizens of India and how a national integrity helps in defeating the actual and potential threats for unity, integrity and security of the nation. The essence of the day was highlighted by a meaningful cultural program by NSS volunteer. Mr. Shobha K R, HOD of medical surgical nursing deliver pledge to the volunteer, students and staffs to preserve the unity and integrity of the nation and spread this message among the countrymen. Around 80 NSS student volunteer enthusiastically participated in this event.



॥ जेठो इहणे मूलपदेव ॥

Adichunchanagiri University  
Adichunchanagiri College of Nursing  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

**National Unity Day - 2021**

Date: 31-10-2021  
Time: 10 am  
Venue: ACN Auditorium

Organized by NSS Unit of College of Nursing

NSS Unit, ACN

Chief convener  
**Prof. Chandrashekar H C**  
Professor & Principal

Convener  
**Mr. Kantharaju S**  
NSS Program Office



# Webinar on “Infant protection day”

Department of Pediatric Nursing had organized a Webinar on 16th Nov 2021 from 11 am to 12 noon on the topic “Infant protection day” for III-year B.Sc. Nursing students. The session was started with the introduction of the speaker by Mrs. Arathi T.V HOD, Associate professor, Department of Pediatric nursing, ACN.

The Webinar Started by welcoming the guest speaker Prof. Salomi. S Vice Principal & HOD, Department of Pediatric Nursing, NDRK College of Nursing, Hassan by Mrs. Arathi. T V HOD & Associate professor, Department of Pediatric Nursing, ACN. In this session Prof. Salomi. S has discussed focusing on “Infant day theme protecting, promoting of Infant development” goal of infant protection day, Aims of infant protection day, statistical rate of infant mortality, how population explosion makes health resources scarcity, complications of an infant in earlier day and steps to prevent it in reducing infant mortality rate especially in India, explained in detail about infants care and needs include lifting the baby, diapering, clothing, laundry, sleeping patterns, baby bedding, grooming, bathing, nutrition & safety & awareness on immunization. Totally 60 III Year B.Sc. Nursing ACN students participated in the webinar. At the end of the sessions, doubts were clarified by the resource persons. The session was concluded with a vote of thanks addressed by Mr. Hemanth C K, Asst. Professor, Department of Pediatric Nursing ACN.

॥ ज्ञं इत्तं धृतराष्ट्र ॥

Adichunchanagiri University  
Adichunchanagiri College of Nursing  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

**WEBINAR ON  
INFANT PROTECTION DAY**

**Guest Speaker**  
**Prof. SALOMI S**  
Vice Principal & HoD  
Dept of Paediatric Nursing  
NDRK College of Nursing  
Hassan

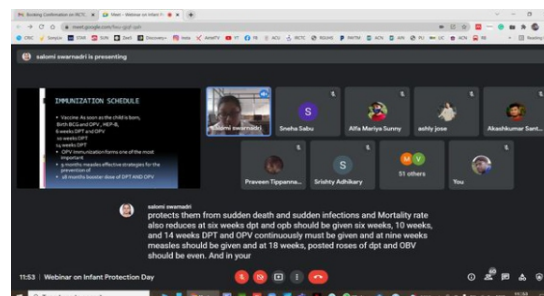
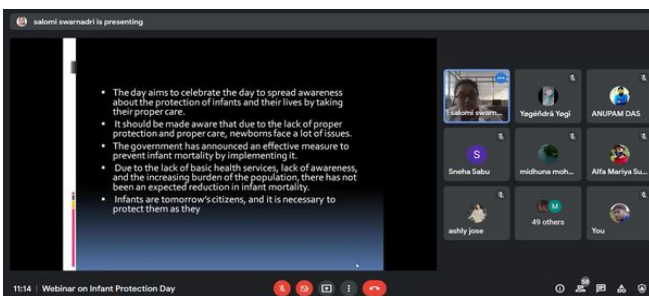
**Date: 16 - 11 - 2021**  
**Time: 11 am**  
**Platform: Google Meet**

**Chief convener**  
**Prof. Chandrashekar H C**  
Professor & Principal

**Convener**  
**Mrs. Arathi T V**  
Associate Professor & HoD



**Coordinator**  
**Mr. Hemanth C K**   **Mrs. Shilpa P M**  
Assistant Professor   Assistant Professor

Organized by Department of Child Health Nursing





## WORLD PREMATURETY DAY

Department of OBG nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized "WORLD PREMATURETY DAY" on 17.11.2021 11.00am at Arani village, Bellur CHC. Prof. Chandrashekar H C, Principal, ACN, was the chief guest for the programme. The programme was started with inviting dignitaries. Prof. Victoria Sarvand, HOD, OBG department ACN, Mrs. Ashwini K M, Assist Professor, Mrs. Kavitha N K, Assist. Professor and Mrs. Ramya R Assist. Professor and Anganwadi workers, PHC staff nurses and ASHA workers and Antenatal and Postnatal mothers gathered in the programme. Ms. Poornima C G first year Msc nursing student preceded the programme, and explain about introduction of prematurity, definition, comparison of term and preterm baby, care of premature baby and about kangaroo mother care. The programme was very interactive, mothers were actively participated. The programme was concluded with felicitation of chief guest from dignitaries & vote of thanks for the occasion. The programme was witnessed by all the teaching faculties of OBG department and 4th year B. Sc students, anganwadi workers, PHC staff nurse, ASHA workers , antenatal and postnatal mothers.


|| ज्ञानं शान्तिं प्रयच्छति ||

### Adichunchanagiri University

**ADICHUNCHANAGIRI  
COLLEGE OF NURSING**

## CELEBRATION OF WORLD PREMATURETY DAY

Date: 17 - 11 - 2021 at 11.00 AMVenue: Arani Village



**ORGANIZED BY DEPT OF OBG NURSING**

Chief Convener <b>Prof. Chandrashekar H C</b> Principal	Convener <b>Prof. Victoria J Sarvand</b> Professor & HOD	Coordinator <b>Mrs. Kavitha N K</b> Assistant Professor
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# CELEBRATION ON NEWBORN CARE WEEK

Department of OBG nursing, Adichunchanagiri College of Nursing, B.G Nagara was organized CELEBRATION ON NEWBORN CARE WEEK” on 16.11.2021 ,11.00am at Arani village, CHC Bellur. Prof. Chandrashekar H C, Principal, ACN, was the chief guest for the programme. The programme was started with inviting dignitaries. Prof. Victoria Sarvand, HOD, OBG department ACN, Mrs. Ashwini K M, Assist Professor, Mrs. Kavitha N K, Assist. Professor and Mrs. Ramya R Assist. Professor and anganwadi workers, PHC staff nurses and ASHA workers , Antenatal and Postnatal mothers gathered in the programme. Mrs. Bushra Sardar B first year Msc nursing student preceded the programme, and explain about introduction of newborn care, incidence of neonatal death, definition, routine care of newborn. The programme was very interactive, mothers were actively participated. The programme was concluded with felicitation of chief guest from dignitaries & vote of thanks for the occasion. The programme was witnessed by all the teaching faculties of OBG department and 4th year Bsc, anganwadi workers, PHC staff nurse, ASHA workers, antenatal and postnatal mothers.



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## Adichunchanagiri University


ADICHUNCHANAGIRI  
COLLEGE OF NURSING



ADICHUNCHANAGIRI  
UNIVERSITY

# CELEBRATION OF NEW BORN WEEK

(15<sup>th</sup> - 21<sup>st</sup> November 2021)



Date: 16 - 11 - 2021 at 11.00 AM  
Venue: Arani Village

### ORGANIZED BY DEPT OF OBG NURSING





Chief Convener <b>Prof. Chandrashekar H C</b> Principal	Convener <b>Prof. Victoria J Sarvand</b> Professor & HOD	Coordinator <b>Mrs. Kavitha N K</b> Assistant Professor
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# WEBINAR ON NATIONAL EPILEPSY DAY

Department of Psychiatric Nursing in Collaboration with Pediatric Nursing had organized a webinar on the occasion of National Epilepsy Day at online platform on 18th November, 2021. Dr. Abhishek, Psychiatrist, Department of Psychiatry, Manasa Hospital, Shivamogga was the resource person and he highlighted difference between epilepsy and seizure, also focussed on Medical management and Nursing management. There were 80 Students and Teachers participated actively in this webinar.

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**Adichunchanagiri University**  
**Adichunchanagiri College of Nursing**  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

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## Webinar on NATIONAL EPILEPSY DAY

Speaker  
**Dr. Abhishek**  
Dept. of Psychiatric Nursing  
Manasa Hospital  
Shivamogga

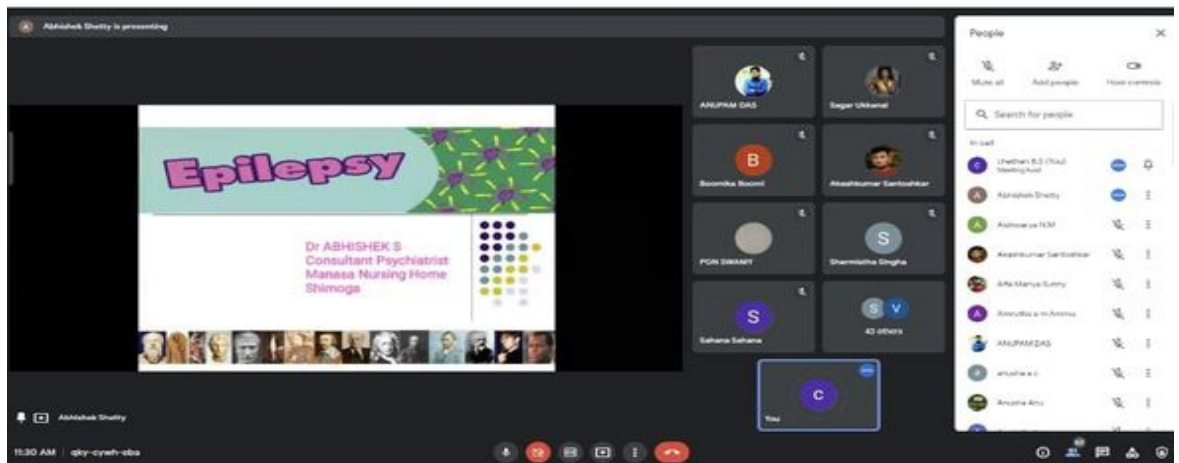
Date: 18 - 11 - 2021  
Time: 10.30 am  
Platform: Google Meet

Organized by  
**Department of  
Community Health Nursing**

Chief convener  
**Prof. Chandrashekar H C**  
Principal

Convener  
**Prof. Keshavamurthy C D**  
Professor & HOD

Co-ordinator  
**Mrs. Arathi T V**  
Associate Professor & HOD



# SEMINAR ON SCREENING TECHNIQUES

Department of Community Health Nursing of College of Nursing Organized a seminar for final year UG students.

Significance of the Seminar: - Pattern of diseases in hospital is quite different from that of community. Large proportions of diseases are hidden in the community than is evident in hospital. Concept of ice berg phenomenon of disease gives better idea of progress of disease from its subclinical stages to diseases than the familiar spectrum of diseases. This seminar helps the students while working in community in gaining knowledge, attitude and beliefs of people towards availing health services & modify them if necessary by identifying the health problems through various screening techniques.



## Seminar on

# "Screening Techniques"

DATE : 18 - 11 - 2021

TIME : 9.30 am to 11.30 am

Venue: Class Room-IV

Organized by  
Department of Community Health Nursing

Speaker  
**Mr. PGN Swamy**  
Associate Professor  
Dept. of Community Health Nursing  
Adichunchanagiri College of Nursing

Chief convener  
**Prof. Chandrashekar H C**  
Professor & Principal

Convener  
**Prof. Komala H K**  
Professor & HOD

Co-ordinator  
**Mr. PGN Swamy**  
Associate Professor

Co-ordinator  
**Mr. Kantharaju S**  
Assistant Professor



## “CELEBRATION THE CONSTITUTION DAY (SAMVIDHAN DIVAS)”

The NSS unit of Adichunchanagiri college of nursing has celebrated the Constitution Day (Samvidhan Divas)” on November 26th, 2021 at the college. On this occasion, as an important part of the celebration, the NSS programme officer Mr. KANTHARAJU.S deliver the Preamble of the Indian Constitution for the NSS volunteer.

॥ ज्ञेदो दाने द्वापरावेदः ॥

Adichunchanagiri University

Adichunchanagiri College of Nursing

CONSTITUTION DAY  
2021

Date: 26 - 11 - 2021 @ 11:00 AM  
Venue: Multipurpose Hall

Chief Convener  
**Prof. Chandrashekar H C**  
Principal

Convener  
**Mr. Kantharaju S**  
NSS Program Officer

Organized by

acn@acu.edu.in | www.acnain.in

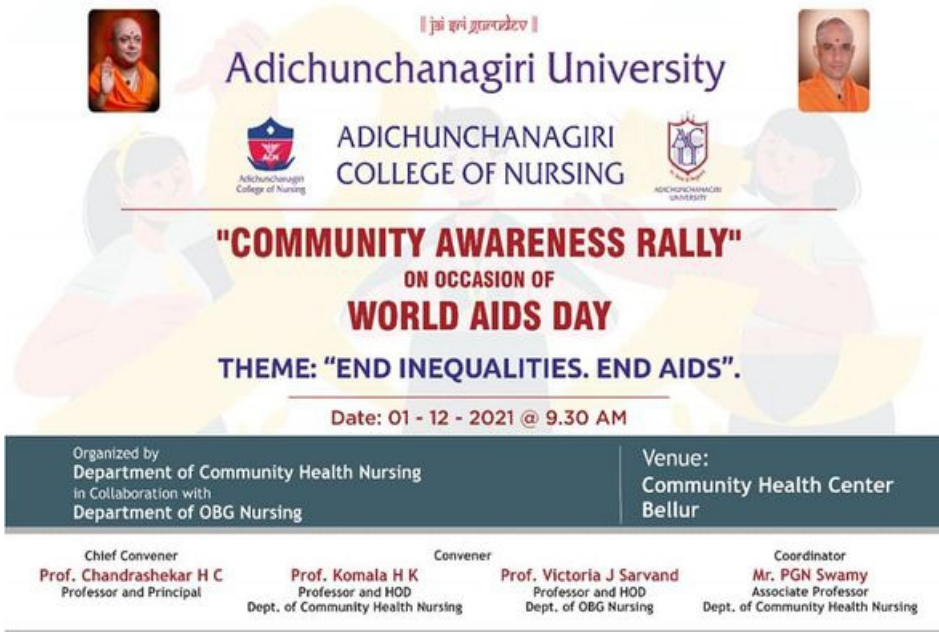
NSS Unit, ACN



# COMMUNITY AWARENESS RALLY

World AIDS Day observed annually on December 1st, is dedicated to raising awareness regarding AIDS pandemic caused by the spread of HIV infection. This year, the theme is "End inequalities. End AIDS".

The Community Health Nursing department in collaboration with OBG department of Adichunchanagiri College of Nursing observed World AIDS day on December 1st, 2021 by organising awareness rally. Rally was inaugurated by Dr Raghavendra CHO and Mr. Chandrashekar H C, Principal ACN, and rally started at 10.15 am at Bellur Community Health Centre in which students have taken banners and placards which contained AIDS Awareness slogans and band set team followed by an interactive session by Dr. Raghavendra, Community Health Officer.



|| ज्ञानं धर्मो ज्ञानमश्नुते ||

**Adichunchanagiri University**

ADICHUNCHANAGIRI COLLEGE OF NURSING

**"COMMUNITY AWARENESS RALLY"**  
ON OCCASION OF  
**WORLD AIDS DAY**  
THEME: "END INEQUALITIES. END AIDS".

Date: 01 - 12 - 2021 @ 9.30 AM

Organized by Department of Community Health Nursing In Collaboration with Department of OBG Nursing	Venue: Community Health Center Bellur		
Chief Convener <b>Prof. Chandrashekar H C</b> Professor and Principal	Convener <b>Prof. Komala H K</b> Professor and HOD Dept. of Community Health Nursing	Convener <b>Prof. Victoria J Sarvand</b> Professor and HOD Dept. of OBG Nursing	Coordinator <b>Mr. PGN Swamy</b> Associate Professor Dept. of Community Health Nursing



# POSTER PRESENTATION COMPETITION

The Department of Obstetrics and Gynaecological Nursing in collaboration with Department of Community Health Nursing had organized a painting competition as a part of WORLD AIDS DAY on 1st December 2021 at 2 pm on the topic HIV /AIDS during pregnancy for G.N.M., P.B.B.Sc., B. Sc and M. Sc nursing students at Multipurpose Hall, ACN. Totally 07 students have participated in the painting competition, 2 among them have selected for 1st and 2nd prize winners and awarded them with momentum and certificate, it was judged by Prof. Keshavamurthy C D, HOD of Mental Health Nursing and Mrs. Shobha KR, H O D of Medical Surgical Nursing. In that Ms. Pari Biswas from 1st year GNM got 1st prize and Ms. Mampi dey from 1st Year BSc nursing, got 2nd prize.

Adichunchanagiri University  
Adichunchanagiri College of Nursing  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

**POSTER PRESENTATION COMPETITION**  
On the Occasion of  
**WORLD AIDS DAY**

Date: 01 - 12 - 2021  
Time: 11:00 AM  
Venue: Multipurpose Hall, ACN

Theme: "End inequalities. End AIDS"

Organized by  
Department of OBG Nursing  
in collaboration with  
Department of Community Health Nursing

Chief Convener: Prof. Chandrashekar H C, Professor and Principal  
Convener: Prof. Victoria J Saravard, Professor & HOD, Dept. of OBG Nursing  
Convener: Prof. Kamala H K, Professor & HOD, Dept. of Community Health Nursing  
Coordinator: Mrs. Kanthia H K, Assistant Professor, Dept. of OBG Nursing





# BLOOD DONATION CAMP





## HEALTH TALK ON WORLD DISABILITIES DAY

Department of Psychiatric Nursing had organized a health talk on World Disabilities day on Dec 3rd 2021 at 3:30pm through offline mode for 1st year GNM students and 4th year Bsc nursing students at ACN Multipurpose hall. Mr Prathap Kumar M R, 1st year Msc nursing student, welcomed the guests. The programme started with opening remarks by Mrs Shobha K R, Associate professor, HOD of Medical Surgical Nursing and the session was started by speaker. Prof Keshavamurthy C D, HOD of Psychiatric Nursing, dealt regarding world disabilities day and theme for world disabilities day 2021, definition, rights types schemes of disability. Totally around 50 Participants involved actively and clarified their doubts. Finally, the session was concluded by proposing the vote of thanks by Ms. Nisha Dhiryam 1st year Msc Nursing student.

॥ ज्ञानं दानं द्रव्यपयवेदच ॥



**Adichunchanagiri University**



**Adichunchanagiri College of Nursing**  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

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### Health Talk

## In view of World Disability Day-2021



DATE : 03 - 12 - 2021  
TIME : 2.30 pm

VENUE: MULTIPURPOSE HALL,  
ACN

Organized by  
**Department of Psychiatric Nursing**

SPEAKER  
**Prof. Keshavamurthy C D**  
Head of Department  
Department of Psychiatric Nursing  
Adichunchanagiri College of Nursing  
Adichunchanagiri University

Chief convener  
**Prof. Chandrashekar H C**  
Professor & Principal

Convener  
**Prof. Keshavamurthy C D**  
Professor & HOD

Co-ordinator  
**Mr. Chethan B S**  
Assistant Professor



# SEMINAR ON UNIVERSAL HEALTH COVERAGE TO COMBAT NON COMMUNICABLE DISEASE

Department of community health Nursing had organized a seminar on UNIVERSAL HEALTH COVERAGE TO COMBAT NON COMMUNICABLE DISEASE on Dec 13th 2021 at 3:30pm through offline mode for 4th year Bsc nursing students at ACN Multipurpose hall. Mis Avisruthi, 4th year Bsc nursing student, welcomed the guests. The programme started by key note address by principal Prof. Chandrashekar H C and seminar continued by Asistant Prof Kanthraju S, Community Health Nursing department. He dealt regarding Universal health coverage and theme for universal health coverage day 2021 , policies of UHC for NCDS. Totally around 50 Participants involved actively and clarified their doubts. Finally, the session was concluded by proposing the vote of thanks by Mr. Nikil J V 1st year Msc Nursing student.



## Seminar on "UNIVERSAL HEALTH COVERAGE TO COMBAT NON-COMMUNICABLE DISEASES"

Speaker  
**Mr. Kantharaju S**  
Assistant Professor  
Dept. of Community Health Nursing

Date: 13 - 12 - 2021 @ 11.30 am  
Venue: ACN Auditorium

Organized by  
**Department of Community Health Nursing**

Chief convener  
▷ **Prof. Chandrashekar H C**  
Professor and Principal

Convener  
▷ **Prof. Komala H K**  
Professor

Co-ordinator  
▷ **Mr. PGN Swamy**  
Associate Professor



# PLACEMENT DRIVE BY RAINBOW HOSPITAL

Adichunchanagiri College of Nursing organized Placement Drive for the final year UG and Diploma Nursing students, in association with Rainbow Hospital, Bangalore Branch on 10th Dec 2023.

॥ ज्ञानं इमं प्रसूयते ॥



**Adichunchanagiri University**  
**Adichunchanagiri College of Nursing**  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448



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**Placement Drive**  
(For Final Nursing UG and Diploma Students)



**RAINBOW**  
CHILDREN HOSPITAL

Visiting Organization:  
Rainbow Hospital, Bangalore  
Date: 10-12-2021  
Venue: Multipurpose Hall

**Organized by**  
**Placement Cell, ACN**

Chief Convener  
**Prof. Chandrashekar HC**  
Chairperson

Convener  
**Mr. PGN Swamy**  
Coordinator



## PLACEMENT DRIVE BY FORTIS HOSPITAL

Adichunchanagiri College of Nursing organized Placement Drive on 17th Dec 2021 for the final year UG and Diploma Nursing students, in association with Fortis Hospital, Bangalore.



## PLACEMENT DRIVE

(For Final Nursing UG and Diploma Students)



Visiting Organization:

**Fortis Hospital, Bangalore**

Date: 17.12.2021

Venue: Multipurpose Hall

Organized by

**Placement Cell, ACN**

Chief Convener  
**Prof. Chandrashekar H C**  
Chairperson

Convener  
**Mr. PGN Swamy**  
Coordinator



# SCHOOL HEALTH PROGRAMME

School health programme was organized by the department of community Health Nursing in association with Child Health Nursing department on 21/12/21 at Nagathihalli village from 10 am to 3 pm. During the activity our 4th BSc nursing students have assessed the health status of the school children's followed by nutrition exhibition and also they have given health education through puppet show to make the children's to aware of personal hygiene and COVID preventive measures. During this activity around 100 students including school teachers were present.



॥ ज्ञानं ब्रह्मदेव ॥

Adichunchanagiri University



ADICHUNCHANAGIRI  
COLLEGE OF NURSING



## SCHOOL HEALTH PROGRAMME



Date: 22 - 12 - 2021 @ 10.00 AM

Organized by  
Department of Community Health Nursing  
In association with  
Department of Paediatric Nursing

Venue:  
Naagathihalli

Chief Convener  
Prof. Chandrashekar H C  
Professor and Principal

Convener  
Prof. Komala H K  
Professor and HoD  
Dept. of Community Health Nursing

Convener  
Mrs. Arathi T V  
Associate Professor & HoD  
Dept. of Paediatric Nursing



## TREE SAPLING PLANTATION





# SCIENTIFIC SESSION ON “NURTURING CHILDHOOD THROUGH NURSING CARE”


Department of Paediatric Nursing in collaboration with Department of Psychiatric Nursing had organized a Scientific session on 30th December 2021 on the topic “Nurturing childhood through nursing care” for 3rd year B.Sc. Nursing and 1st year M.Sc. Nursing students at AIMS Lecturer Hall, B.G. Nagara and the speaker was Prof. Paramesha A E, MMCRI, Mysore. In this session the speaker Prof. Paramesha A E has discussed about magnitude, conceptual base of child abuse, trends of child welfare, legal aspects of child welfare, prevention of child abuse, role of nurses in the prevention of child abuse.

Totally 70 students, Department of Paediatric Nursing and Department of Psychiatric Nursing staffs were present. Mrs. Arathi T V, H.O.D of Paediatric Nursing felicitated speaker Mr. Paramesha A E. The programme was ended with feedback session.

[ jai shri gurunudev ]

**Adichunchanagiri University**  
**Adichunchanagiri College of Nursing**  
NH 75, B G Nagara, Nagamangala Tq, Mandya-571448

**SCIENTIFIC SESSION**  
on  
**NURTURING CHILDHOOD THROUGH NURSING CARE**  
ON THE OCCASION OF  
**WORLD DAY OF PREVENTION OF CHILD HOOD ABUSE**



**Speaker**  
**Mr. Paramesha A E**  
Associate Professor  
Department of Community Health Nursing  
Government College of Nursing, MMCRI, Mysore.

Organized by  
Department of Pediatric Nursing  
in collaboration with  
Department of Psychiatric Nursing

Date: 30 - 12 - 2021    Venue: Lecturer hall 1  
Time: 11.00 AM

Chief convener  
**Prof. Chandrashekar H C**  
Principal

Convener  
**Mrs. Arathi T V**  
Associate Professor & HOD

Co-ordinator  
**Prof. Keshavamurthy C D**  
Professor & HOD



# HEALTH PUNCH

## 10 TIPS FOR MAINTAINING A HEALTHY LIFESTYLE AND BODY WEIGHT

- Measure and Watch Your Weight
- Limit Unhealthy Foods and Eat Healthy Meals
- Drink Water and Stay Hydrated.
- Limit your sugar and Sugared Beverages
- Exercise Regularly and Be Physically Active
- Get Good Sleep
- Go Easy on Alcohol and Stay Sober
- Find Ways to Manage Your Stress.
- Use an App to Keep Track of Your Movement, Sleep, and Heart Rate.
- Connect your soul - Yoga and meditation.



# Research Profile of Faculty

## Year - 2018 (Publication/Articles)

**Arathi T V  
&  
Ashwini K M**

Effect of smart phone on academic progress a-study on nursing students

Asian Journal of Nursing Education and Research

## Year - 2019 (Publication/Articles)

**Balaji M S**

A Study to evaluate the effectiveness of video assisted teaching (VAT) on knowledge regarding stroke rehabilitation and the caregivers of stroke patients in selected hospitals,hassan,karnataka

International Journal of Innovative Science and Research Technology

**Komala H K**

A Study to assess the effectiveness of structured teaching programme on knowledge regarding tobacco chewing hazards and its prevention among adolescents in selected rural areas at hassan

International Journal of Science and Research

**Ramya R**

“A study to assess the effectiveness of structure teaching Programme on knowledge regarding selected bad obstetrical history among primigravida women”

North Asian International Research journal of pharmaceutical & medical sciences

## Year - 2020 (Publication/Articles)

**Komala H K**

A Study to evaluate the effectiveness of structured teaching programme on knowledge regarding Road traffic accidents and its prevention among higher primary school children in selected schools at Mysore

International Journal of Innovative Research and Advanced Studies

**Komala H K**

Effectiveness of flipped classroom teaching us traditional method of teaching on student performance and perception

International Journal of Creative Research Thoughts

**Komala H K**

Cross sectional study to assess the awareness of school children regarding child sexual abuse (CSA):foundation for evidence

International Journal of Research and Analytical Reviews

**Komala H K**

Effectiveness of group learning versus concept mapping on knowledge regarding adult resuscitation among 2nd B.Sc. Year nursing students

IDC International Journal

**Komala H K**

A Study to evaluate the effectiveness of structured teaching programme (STP) on knowledge regarding wifs programme among adoloscents

IDC International Journal

**Balaji M S.**

A Comprehensive review article on deepvein thrombosis(DVT)

International Journal of Recent scientific research

**Balaji M S**

A Review article on corona virus 2019-  
NCoV (COVID-19)

International Journal of nursing education

**Balaji M S**

A comprehensive review article on Page  
tSchroetter syndrome

Indian Journal of Public Health & Research Development

**Balaji M S**

Impact of awareness programme on  
knowledge regarding diaper care among  
antenatal mothers in selected hospitals.

Research Reservoir of paramedical Sciences

**Balaji M S**

AN Experimental study: knowledge and  
skill of primipara post-natas mothers  
regarding diaper care for neonates

International Journal of Innovative Science  
and Research Technology

**Arathi T V  
&  
Hemanth C K**

An experimental study: knowledge on  
sexual abuse and its preventive measures  
among adolescent girls

World Journal of Pharmaceutical and  
life sciences (WJPLS)

**Ashwini K M  
&  
Hemanth C K**

Effect of smart phone on health: a-study on  
nursing students

International Journal of  
Nursing Education and Research

**Shobha K R**

Study to assess the effectiveness of video  
assisted teaching (VAT) on nasogastric tube  
feeding regarding knowledge and practice  
of staff nurses working in selected hospitals  
hassan Karnataka

Journal of Nursing Research education &  
Management

## Year - 2021 (Publication/Articles)

**Komala H K**

A Study to determine the prevalence of road traffic accidents in children at selected hospitals

International Journal of Creative Research Thoughts

**Komala H K**

A Study to assess the effectiveness of structured teaching programme on knowledge of female workers regarding prevention of anaemia in selected garment factory at Bangalore

Indian Journal of Applied Research

**Komala H K**

A Study to assess the knowledge about effect of papaya leaf on dengue fever among women in selected PHC with a view to prepare an information guide sheet

Global Journal for Research Analysis

**Hemanth C K  
Arathi T V  
Shilpa P M  
Swamy PGN**

A Study to assess the effectiveness of structured teaching programme (STP) on knowledge regarding human resource management among 4th year B. Sc (N)" at Adichunchanagiri College of Nursing, B.G. nagara, Nagamangala (TQ), Mandya

International Journal of Educational Research and Studies

**Kavitha N K**

A Study to compare the effectiveness of music therapy versus sacral massage in terms reducing pain during first stage of labor among primigravidae mothers in selected hospital, karnataka

International Journal of Creative Research Thoughts

**Kavitha N K**

Knowledge regarding selected minor discomforts of puerperium and relief measures among primigravida mothers in selected hospitals

International Journal of Research and Analytical Reviews

**Balaji M S**

Comprehensive review article on may-thurner or cockett syndrome

International Journal of Nursing Education

**Balaji M S  
Ramya R  
Keshavamurthy C D**

A Compendious review article on covid-19 vaccination

International Journal of Science and Research

**Kantharaju S  
Chandrashekar H C**

A Study to assess the effectiveness of structured teaching program on knowledge regarding global warming and its impact on health among B.Ed. Students in selected college Nagamanagala

International Journal of Innovative Science and Research Technology

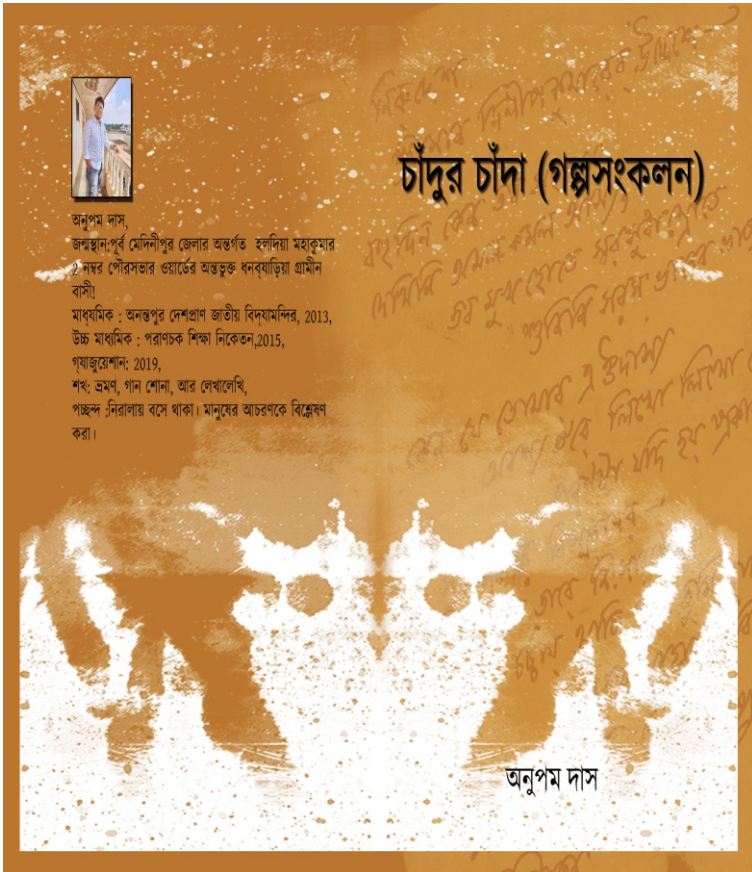
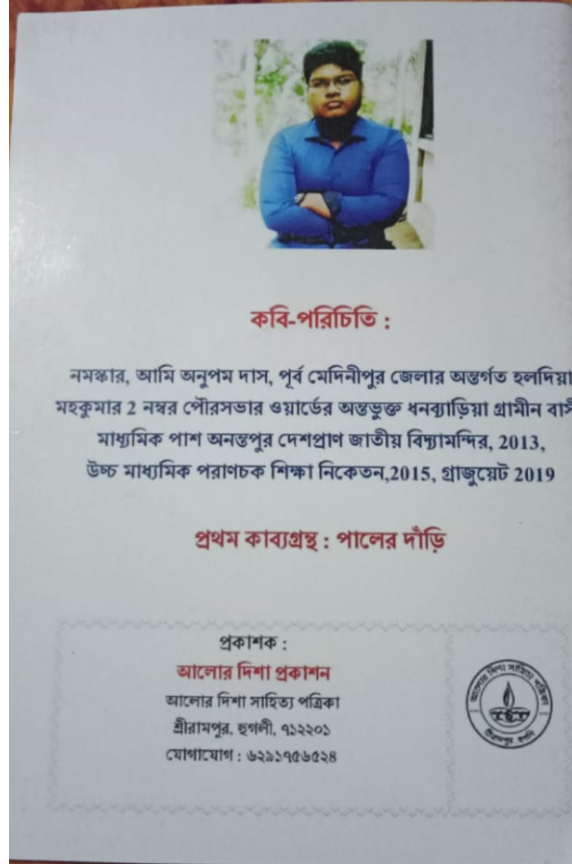
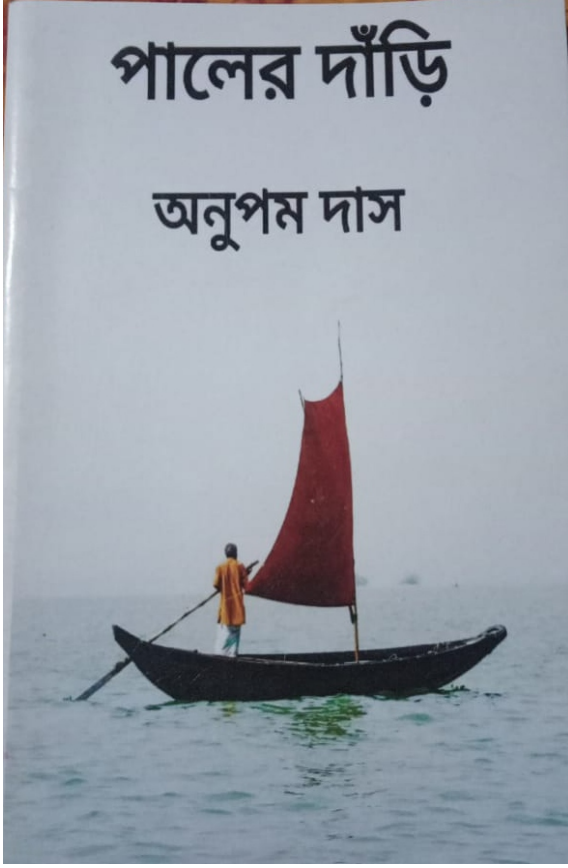
**Chethan B S**

"A Comparative Study to Assess the Psychosocial Problems of Elderly People Living in Old Age Home and Selected Families at Hassan to Develop an Information Guide Sheet."

International Journal of Innovative Science and Research Technology (IJISRT)

# Books Written by Student

(Regional Language -West Bengal)



## Bindu Kali

A Collection Of Bengali Poems By Anupam Das

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প্রকাশকাল কলকাতা বইমেলা, ২০২৩

প্রচ্ছদ সৌরভ মন্ডল  
বর্ষসংস্থাপন শুভদীপ চক্রবর্তী

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নভেনীল প্রকাশন  
অর্ধব নন্দ  
এগরা, পূর্ব মেদিনীপুর  
যোগাযোগ-9800096370

মুদ্রক কারুদ্বিপি

পরিবেশক  
কলেজ স্ট্রিট

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এই গ্রন্থের কোনো অংশের কোনো রূপ পুনরুৎপাদন বা প্রতিলিপি করা যাবে না।  
এই শর্ত নঙ্কিত হলে উপযুক্ত আইনি ব্যবস্থা গ্রহণ করা হবে।

**Mr. Anupam Das**  
B.Sc Nursing Student

## ALUMNI SPEAK



2002 - 2006  
BATCH

### **MRS JAYA THOMAS**

Director of Clinical learning and Education and Research Top End Health Service. Darwin Northern Territory.

I cannot stress enough upon the benefits I have derived from my days at Adichunachanagiri . College provides an environment to its students with which they can soar high. I am grateful to be alumni of such a prestigious institute.

---



1999 - 2003  
BATCH

### **DR. KAUSHAL KUMAR POONIA**

Chairman Asha Devi Group Of Institutions & Hospital Sadulpur Churu Rajasthan

I would like to specially highlight that, this environment of Adichunchanagiri college of Nursing and SAH & RC Hospital turned out as the potters and we stood as mere clay and we were wonderfully shaped into fine pieces of art work. The shaping process was hard and long. Our knowledge and skills were stretched and tested at many points. But in all those stretching, pulling and shaping process the only aim of this institution as a whole was committed for making us what we are and the result is that we're already learning to adapt the knowledge and understandings that we've picked up to actual problems and issues that are confronting the public pertaining to their health.



**1995 - 1999**  
BATCH

### **MRS. RASHMI**

Principal, Gangothri college of Nursing

I had a really good time here. I have learnt so much , the logic mix of talk, listening hands on training and writing work. Expert teachers- your insight and help was greatly appreciated.

---



**1999 - 2003**  
BATCH

### **MRS RANI JOHN**

Nurse practitioner in TEXAS , USA

I am so proud to say that am a first batch graduate from Adichunchanagiri College of Nursing. I remember with great gratitude that the college management and administration provided all the support and facilities. The opportunities i received during my college days made me better person and form the leadership qualities in me.



**1996 - 2000**  
BATCH

### **MRS. NICY SEBASTIAN**

Advanced Nurse Practitioner,  
London

I am so proud to say that I am a first batch graduate from Adichunchanagiri College of Nursing. I remember with great gratitude that the college management and administration provided all the support and facilities. The opportunities I received during my college days made me a better person and formed the leadership qualities in me.

---



**1999 - 2003**  
BATCH

### **MR. RAGHU**

OT Practitioner, London

I firmly believe that Adichunachanagiri College of Nursing provided me with the foundation I needed to pursue my Nursing Knowledge and career. I firmly believe that Adichunachanagiri College of Nursing provided me with the foundation I needed to pursue my Nursing Knowledge and career.



1998 - 2002  
BATCH

### **MRS. SHEEJA SHINE**

Clinical Nurse specialist.  
Western Sydney Area Health Service

My experience in college has given me a chance to shaped my skills in my field of choice. Apart from academic experience, there was lot lot of other opportunities in cultural activities that kept the college fun in great spirit.

---



1996 - 2000  
BATCH

### **MR. HEMANTH N**

Senior charge Nurse, ICU, ESTH,  
London

I can positively say ACN has made me a better person. It has helped me develop a positive attitude towards my studies and discover more about myself. Teachers are very caring in student's wellbeing. They make sure every class is more informative, educational and interactive.



1995 - 1999  
BATCH

### **MRS RANI JOHN**

Nurse practitioner in TEXAS , USA

As a graduate nurse who successfully completed 4 years of education in nursing, I feel a huge sense of pride and achievement right now and I would like all of my fellow graduates to cast your minds back to day one of Adichunchanagiri College of Nursing adventure. It gave me an opportunity to meet different kind of people and learn a number of things. I have received great support from faculties. I am thankful to faculties for providing a platform to enhance my skills and an opportunity to showcase them.

---



2005 - 2009  
BATCH

### **MRS. SOWMYA K C**

THASILDAR cum Nodal officer,  
BBMP, Bangalore

Learning in ACN was the best choice I made. I loved having well skilled and enthusiastic teachers and felt more comfortable. I gained the experience and confidence I need.

---



2002 - 2006  
BATCH

### **MR. ARUN KURIAKOSE**

Nurse at Carnival Cruise Line, Florida,  
US

I am proud to say that I belong to this wonderful temple of knowledge; ACN B G Nagara.. The congenial environment here has given me numerous opportunities to participate in extracurricular activities and groom my personality. The college environment provides us a platform where we can develop ourselves uniquely and prove to be an expert in highly competitive world.



# ADICHUNCHANAGIRI UNIVERSITY

(Estd. Under Karnataka Act No.18 of 2013)

## ENGINEERING

- ✓ **B.E**
  - ▶ Civil Engg.
  - ▶ Mechanical Engg.
  - ▶ Computer Science & Engg.
  - ▶ Information Science Engg.
  - ▶ Electronics & Comm. Engg.
  - ▶ Artificial Intelligence and Machine Learning
- ✓ **M.Tech**
  - ▶ Data Analytics ▶ Nanotechnology
  - ▶ Structural Engg. ▶ Computer Science & Engg.
  - ▶ VLSI Design & Embedded system
  - ▶ Infrastructure Management

Ph : 98801 00556 | [bgsit@acu.edu.in](mailto:bgsit@acu.edu.in)

## MANAGEMENT

- ✓ **M.B.A (HR & Finance)**
- ✓ **M.H.A (Master of Hospital Administration)**

Ph : 98801 00556 | [bgsit@acu.edu.in](mailto:bgsit@acu.edu.in)

## HUMANITIES & SOCIAL SCIENCES

- ✓ **B.Ed.** ✓ **B.Com** ✓ **BBA**
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Ph : 94485 54225 | 99014 11169

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## NATURAL SCIENCES

- ✓ **B.Sc**
  - ▶ Internship / Apprenticeship Embedded
  - ▶ Physics ▶ Chemistry ▶ Mathematics
- ✓ **M.Sc** ▶ Physics ▶ Chemistry ▶ Biochemistry
  - ▶ Nanoscience ▶ Biotechnology ▶ Microbiology
  - ▶ Molecular Biology ▶ Intergrated Ph.D (M.Sc+Ph.D)

Ph : 80881 57568 | [dean.ns@acu.edu.in](mailto:dean.ns@acu.edu.in)

## MEDICAL

- ✓ **M.B.B.S** ✓ **M.D** ✓ **M.S** ✓ **M.P.H**
- ✓ **M.Sc (Medical)**
  - ▶ Biochemistry, Microbiology

Ph : 98455 67500 | [aims@acu.edu.in](mailto:aims@acu.edu.in)

## PHARMACY

- ✓ **D. Pharm** ✓ **B.Pharm** ✓ **Pharm .D**
- ✓ **M. Pharma**
  - ▶ Pharmaceutical Chemistry
  - ▶ Pharmacy Practice
  - ▶ Pharmaceutics ▶ Pharmaceutical Analysis
  - ▶ Pharmacology ▶ Pharma Regulatory Affairs
  - ▶ Pharmocognosy

Ph : 98458 63779 | [saccp@acu.edu.in](mailto:saccp@acu.edu.in)

## NURSING

- ✓ **B.Sc.** ✓ **P.B. B.Sc.** ✓ **M.Sc.** ✓ **GNM**

Ph : 98806 35609 | [acn@acu.edu.in](mailto:acn@acu.edu.in)

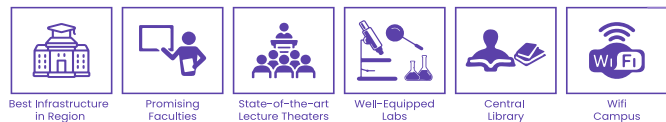
## ALLIED HEALTH SCIENCES

- ✓ **B.Sc**
  - ▶ Medical Laboratory Technology
  - ▶ Medical Imaging Technology
  - ▶ Renal Dialysis Technology
  - ▶ Anaesthesia & Operation Theatre Technology
  - ▶ Optometry
- ✓ **Diploma in**
  - ▶ Medical Laboratory Technology
  - ▶ Medical Imaging Technology
  - ▶ Health Inspector ▶ Ophthalmic Technology
  - ▶ Dialysis Technology
  - ▶ Medical Records Technology
  - ▶ Operation Theatre Technology

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