



# Adichunchanagiri College of Nursing



श्री विद्या या विमुक्तये

ADICHUNCHANAGIRI  
UNIVERSITY



 *Shushrushavani*  

COLD HANDS, WARM HEART...

Vol-I Issue-I Edition-01 (2019)

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॥ ज्ञेयो इतो ह्युपरुदेह ॥



## Vision

Education for all with Value Systems of  
Empathy, Enrichment, Equity, Excellence,  
Empowerment, Entrepreneurship & Enlightenment  
to Serve the Society

## Mission

- Education to all for Self Reliance, Socio-Economic Change to develop an Inclusive Society with Shared Opportunities & Responsibilities
- Empathy towards the Less Fortunate, the Sick, the Suffering & the Disabled
- Enrichment to acquire Abundant Knowledge, Requisite Skills & Appropriate Attitude
- Excellence for Quality Assurance, Enhancement & Sustenance in Academics & Research to produce Graduates of Global Standards
- Equity for Fairness & Social Justice by providing Equal Opportunities
- Empowerment of Graduates to become Intuitive, Innovative & Inventive
- Entrepreneurship is a concept or idea involving the product or service to be delivered, or a new technology to be developed
- Enlightenment to attain Wisdom & Virtues in Life to think beyond Self



# Adichunchanagiri College of Nursing

## **Vision**

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To be recognized as a leading & unique institution to prepare competent nursing professionals with human values to provide quality nursing care to attain and maintain positive health in society.

## **Mission**

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To provide high quality nursing education with a broad theoretical base and diverse clinical experience that enhances the individual to become a good nurse in professional practice. Our mission is to advance health through excellence in nursing and inter disciplinary teaching, research, practice and service.

|| Jai Sri Gurudev ||



Paramapoojya Jagadguru  
Padmabhushana  
**Sri Sri Sri Dr. Balagangadharanatha  
Mahaswamiji**

Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji assumed the holy chair of Sri Adichunchanagiri Mahasamsthana Math in 1974.

Poojya Mahaswamiji was truly an enlightened soul. He treated all the people alike without discriminating on the basis of caste, creed, gender or social status. His approach towards handling different problems was truly scientific and logical. He implicitly understood the importance of education to the masses in alleviation of poverty.

Poojya Mahaswamiji was a great visionary with a perfect blend of science and spirituality. He was primarily instrumental in establishing Sri Adichunchanagiri Shikshana Trust that runs more than 500+ Educational institutions catering for about 130000 students across the country to impart quality education from primary to Professional Courses with a special focus on young people of semi-urban and rural areas.

Mahaswamiji had a vision of serving the humanity in eight fold areas of Adhyathmika (Spirituality), Anna (Free Food), Akshara (Knowledge), Arogya (Health), Ashraya (Shelter), Anukampa (Helping Hands), Aranya (Afforestation), Akalu (Cattle Protection) was exemplary and noteworthy.

He was rewarded and conferred with innumerable titles for his services in the field of Education, Health, Spiritual, Moral, Social, Cultural and Environmental activities. Most prominent among them are “**Padma Bhushan**, Doctor Honoris Causa, Saadhanaacharya, Akshaya Santha Sanatana, Dharmarathna, Seva Soorya, Vidya Samrat, Parisara Rathna, Abhinava Vivekananda, Rashtriya Ekatha Prashasthi” and so on.

|| Jai Sri Gurudev ||



**Sri Sri Sri Dr. Nirmalanandanatha  
Mahaswamiji**  
The Hon'ble Chancellor

His Holiness Jagadguru **Sri Dr. Nirmalanandanatha Mahaswamiji** anointed as the 72nd Pontiff of Adichunchanagiri Mahasamsthana Math as successor to his Guru, Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji in the year 2013.

Poojya Mahaswamiji, unlike many other youngsters, had an inclination towards Spirituality, Science and Service rather than Materialism. He adapted an ascetic life in 1998 and underwent formal training in the traditional knowledge systems. His unquenchable thirst for knowledge is evident from his attitude in conferences and functions wherein he listens to the discourses on Vedas, Upanishads and other Shastras like an eager young student.

Poojya Mahaswamiji, aided by his educational background and interest in Engineering has incorporated Modern Technologies and revolutionized the functioning of all the Institutions of Shikshana Trust. He has taken up the initiative of introducing computerized working environment in all the Academic and Administrative activities of the institutions.

The Vision of Poojya Mahaswamiji is to follow the footsteps of his Guru, working tirelessly to **“Preserve, Promote, Pursue and Progress with Passion in the Path of his Patriarch”**

His Holiness was conferred with **“Doctor Honoris Causa”** (Honorary Doctor of Science) by the University of Mysore, Karnataka in 2016.



**Prof. Dr. S. Chandrashekar Shetty**  
The Hon'ble Vice Chancellor

Dr. S. Chandrashekar Shetty is Chief Sight First Technical Advisor, India & Sri Lanka, Lions Clubs International Foundation, Member, Board of Management of Nitte and JSS Deemed to be Universities, Chairman, Peer Team, National Assessment and Accreditation Council (NAAC), Bangalore and Chairman, Advisory Committee of Rajiv Gandhi Institute of Public Health & Centre for Disease Control (A unit of RGHUS), Bangalore.

Formerly, Vice-Chancellor of Rajiv Gandhi University of Health Sciences, Bangalore, Sri Devaraj Urs Deemed to be University, Kolar, Vice Chairman, Indian Red Cross Society, Karnataka, Advisor, National Program for Control of Blindness, Karnataka, Director, Regional Institute of Ophthalmology, Minto Ophthalmic Hospital, Bangalore, Chairman of the and Advisor – National Program for Control of Blindness, Karnataka.

Dr. Shetty an Ophthalmologist by training, held teaching positions in Government Medical Colleges of Hubli, Mysore and Bangalore. He was awarded with a WHO Fellowship training in Vitreo- Retinal Surgery at Moorefield's Eye Hospital, London and short training at Eye & Ear infirmary, Chicago, Illinois, Sydney Eye Hospital and Eye & Ear Infirmary, Melbourne, Australia.

As Technical Advisor, Sight First program, Lions Clubs International for South India and Sri Lanka since 1991, he has been responsible for developing more than 100 Eye Care projects worth 23 million US dollars. Financial assistance was given for conducting more than 5 lakh Free Cataract Surgeries to the poorest of poor patients in South India and Sri Lanka.

He was conferred with Honorary Doctor of Science (Honoris Causa) by Rajiv Gandhi University of Health Sciences, Karnataka and Odessa State Medical University, Ukraine for his contribution to the field of Medical Education and Community Ophthalmology. He has been recipient of many State, National and International Orations, Awards and Recognitions.

# Inter Collegiate Quiz Competition

Dept. of Psychiatric (Mental Health) Nursing organized an Inter Collegiate Quiz Competition "MIND WAR" On 30th Jan 2019 for Mysore, Hassan, Tumkur Zone Nursing Students. The Quiz was started by inauguration by Prof. Dr. Byrappa-Pro-Vice chancellor of Adichunchanagiri university, Mr. Umesh B K-Finance Officer -ACU, Dr. Ramesh Principal-SACCP and Prof. K G Vijay kumara Principal of CAN. Overall 12 Colleges participated the Competition and Bahubali School of Nursing got a First Prize



# Adichunchanagiri University Premier League (ACUPL-T10) - Cricket Tournament

Adichunchanagiri College of Nursing Proudly Presents Season-1 Adichunchanagiri University Premier League (ACUPL-T10) Under the Stewardship of Dr. S Chandrashekar Shetty, Honourable Vice Chancellor, ACU Inaugurated on 25.02.2019 and all other Principals of constituent colleges were also present on the inauguration function.

In this big tournament 16 teams were participated from our 6 Constituent colleges of our university and the Winners are \*Best of AIMS\* and Runners are \*PHARMA KINGS XI\* and they were rewarded with trophies, medals and cash prizes.

Dr. C K Subbaraya, Registrar ACU and Prof. K G Vijaya kumara, Principal ACN were present during awarding ceremony.



The poster features the Adichunchanagiri University logo at the top center, flanked by portraits of two spiritual leaders. Below the logo, it states 'ADICHUNCHANAGIRI UNIVERSITY' and 'Estd. under ACU Act, 2012 (Karnataka Act No. 18 of 2013) B G Nagara - 571448, Karnataka, India'. A yellow banner contains the text: 'With the Divine Blessings of His Holiness Paramapoojya Jagadguru Padmabhushana Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji & With the Divine Blessings of His Holiness Paramapoojya Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji'. The main title is 'Adichunchanagiri University Premier League -2K19 ACUPL-2K19 SEASON - 1'. Two prize boxes are shown: '1st Prize ₹9999/- (with Trophy)' and '2nd Prize ₹5555/- (with Trophy)'. A red ribbon graphic is next to the text 'Inaugural Match 25.02.2019 @ 3PM'. At the bottom, it says 'Organized by Adichunchanagiri College of Nursing' and 'Co-powered by BGS Institute of Technology'. A list of constituent colleges is provided: Adichunchanagiri Institute of Medical Sciences, BGS Institute of Technology, Sri Adichunchanagiri College of Pharmacy, Adichunchanagiri College of Nursing, BGS First Grade College, and BGS College of Education. The poster concludes with 'All are cordially invited'.

ADICHUNCHANAGIRI UNIVERSITY  
Estd. under ACU Act, 2012 (Karnataka Act No. 18 of 2013)  
B G Nagara - 571448, Karnataka, India

With the Divine Blessings of His Holiness Paramapoojya Jagadguru Padmabhushana  
Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji  
&  
With the Divine Blessings of His Holiness Paramapoojya Jagadguru  
Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

Adichunchanagiri University  
Premier League -2K19  
**ACUPL-2K19**  
SEASON - 1

1<sup>st</sup> Prize  
**₹9999/-**  
(with Trophy)

2<sup>nd</sup> Prize  
**₹5555/-**  
(with Trophy)

**Inaugural Match**  
25.02.2019 @ 3PM

Organized by  
Adichunchanagiri College of Nursing

Co-powered by  
BGS Institute of Technology

**OUR  
CONSTITUENT  
COLLEGES**

- Adichunchanagiri Institute of Medical Sciences
- BGS Institute of Technology
- Sri Adichunchanagiri College of Pharmacy
- Adichunchanagiri College of Nursing
- BGS First Grade College
- BGS College of Education

*All are cordially invited*



# Celebration of International Women's Day-2019

Adichunchanagiri College of Nursing & Adichunchanagiri Institute of Medical Sciences organised International women's day on 11th March 2019 at AIMS lecture hall, Mrs. M V Roopa, Tahasildar, Nagamangala, Dr. M G Shivaramu, Principal AIMS, Prof. K G Vijaya kumara, Principal ACN and Mr. B K Umesh Finance officer ACU graced the occasion



## Lamp Lighting and Oath Taking Ceremony

Adichunchanagiri College of Nursing Organized a Lamp Lighting and Oath taking Ceremony for newly admitted studnets for the year 2018-2019. Paramapoojya His Holiness Jagadguru Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji blessed the Freshers. Dr. Chandrashekar Shetty, Vice Chancellor of ACU, was the chief guest and Prof. Sheela Williams, Principal, JSS College of Nursing was the Guest of Honour. Dr C K Subbaraya, Registrar of ACU, Prof. K G Vijaya Kumara, Principal, ACN, faculty and students participated.



# Guest Lecture Session on National Health Scheme

Department of Medical Surgical Nursing organised a Guest lecture on "National Health Schemes and Their Universal Benefits" on 19.03.2019 at 10.30AM. Sri P. Shivananda, District Health Education Officer, Mandya was the Resource Person. Faculty, Postgraduate and Undergraduate students participated.



|| Jai Sri Gurudev ||

ADICHUNCHANAGIRI UNIVERSITY  
**ADICHUNCHANAGIRI COLLEGE OF NURSING**  
B.G. Nagar, Nagamangala Tq. Mandya Dist. - 571448

**A GUEST LECTURE ON  
NATIONAL HEALTH SCHEMES & THEIR UNIVERSAL BENEFITS**

Organised by :  
DEPARTMENT OF MEDICAL SURGICAL NURSING  
in Association with  
DEPARTMENT OF HEALTH & FAMILY WELFARE, Govt. of Karnataka

Date : 19-03-2019, Tuesday      Venue : AIMS, Lecture Hall, B.G. Nagara



# Internal Faculty Development Programme

ACN conducted a Five Days 'Faculty Development Programme' on "Systematic Review" for our Teaching Faculties from 01.07.2019 to 05.07.2019 and Inaugural Programme was conducted on 01.07.2019 at 2.30PM at ACN, Auditorium

Dr. Nageshwar R, Asst Professor, Faculty of Applied Medical Sciences, Al-Baha University, Kingdom of Saudi Arabia (Resource Person),

Dr. Chandrashekar Shetty S, Vice Chancellor, Dr. C K Subbaraya, Registrar, ACU and Dr. N V Muninarayanappa, Principal, ACN were present.



॥ ज्ञाने इने ह्युपानवेदर ॥



Adichunchanagiri University

**ADICHUNCHANAGIRI COLLEGE OF NURSING**  
(B G Nagara, Nagamangala Tq, Mandya -571448)



**Faculty Development Programme**  
**On**  
**“Systematic Review”**

Date: 1<sup>st</sup> July 2019 to 5<sup>th</sup> July 2019      Venue: ACN Auditorium      Time: 3.00PM to 5.00PM

**All are Cordially Invited**



# National Workshop on Research Methodology

A National Workshop was organized on the topic “Research Methodology” From 24.07.2019 to 25.07.2019 and Inaugural Programme was Conducted on 24.07.2019 at 10.00AM. Dr C K Subbaraya, Registrar of ACU spoke on the occasion. Faculty and UG & PG Students (Participants) were attended the program Dr. N V Muninarayanappa, Principal, ACN, Dr. Bharti M, Principal, ESIS College of Nursing

Dr. Nageshwar V, Asst Professor, Faculty of Applied Medical Sciences, Al-Baha University, Kingdom of Saudi Arabia

Mr. Uppu Praveen, PhD Scholar, SRMC College of Nursing, Chennai were the resource persons.



॥ जai श्री गुरुभ्यो ॥  
**Adichunchanagiri University**  
**ADICHUNCHANAGIRI COLLEGE OF NURSING**  
(B.G Nagara, Nagamangala Tq, Mandya - 571 448)

**NATIONAL WORKSHOP**  
ON  
**“RESEARCH METHODOLOGY”**

**Resource Persons**

**Prof. Dr. N V Muninarayanappa**  
Principal, ACN, B.G. Nagara

**Dr. Nageshwar V**  
Asst. Professor  
Faculty of Applied Medical Science  
Al-Baba University, Kingdom of Saudi Arabia

**Prof. Dr. Bharti M**  
Principal, ESIC College of Nursing,  
Bengaluru

**Mr. Uppu Praveen**  
PhD Scholar  
SRMC College of Nursing  
Chennai

Date : 24<sup>th</sup> & 25<sup>th</sup> July 2019      Time : 9 AM - 5 PM      Venue : Lecture Hall, AIMS  
*All are Cordially Invited*



## Breast-Feeding Week-2019

Department of OBG & Paediatrics Nursing organized A World Breastfeeding Week - 2019 on theme "Empower Parents, Enable Breastfeeding" on 02/08/2019 at OBG OPD, AH&RC Dr. T.M.Manohar, Medical Superintendent, Dr. Ravindra S Pukale, Prof & HOD of OBG, Dr. N.V.Muninarayanappa , Principal, ACN, Dr. Vanajakshi , Professor of Paediatric , AH&RC spoke on World Breastfeeding Week 2019 theme. Mrs. Vishalakshi, Nursing Superintendent, Prof. Victoria Sarvand, HOD of OBG Nursing, Mrs. Arathi T V, HOD of Paediatric Nursing, Faculty, Students, Antenatal and postnatal mothers were attended the program.



# Campus Drive

M/s APOLLO CRADLE, Bengaluru conducted Campus Recruitment Drive for Final Year Diploma Nursing and B. Sc Nursing Students on 7th August 2019 @ ACU Campus. Total 42 students appeared for eligibility test and 22 students got eligibility. After personal interview 15 students got offer letter of CTC Rupees 21000 per month.

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Adichunchanagiri University

**ADICHUNCHANAGIRI COLLEGE OF NURSING**  
(B G Nagara, Nagamangala Tq, Mandya -571448)

**HEARTY WELCOME TO**

**APOLLO CRADLE**  
FOR WOMEN & CHILDREN

**HR TEAM FOR CAMPUS RECRUITMENT**

DATE:- 07.08.2019      VENUE:- BGSIT HRD DEPARTMENT, ACU CAMPUS, B G NAGARA      TIME:- 10.00AM

**All are Cordially Invited**



## Celebration of Onam Festival

ACU-Adichunchanagiri College of Nursing Organized College of Nursing was conducted 'ONAM CELEBRATION' on 11th September 2019 @ College of Nursing Campus. Principal, Staffs and Students were present in this event.





Eat a variety of food.

Cut back on salt.

Reduce use of certain fats and oil.

Limit sugar intake.

Avoid hazardous and harmful alcohol use.

# Take a Break

- Take a deep breath in and then slowly out.
  - Clear your mind.
- Take another deep breath in and then slowly out.
  - Feel your body relax.
- Take another deep breath in and slowly out.
  - Feel yourself letting go and becoming more relaxed.
- Take one more deep breath and slowly breathe out.



ADICHUNCHANAGIRI  
UNIVERSITY

॥ ज्ञेवो इगो ह्युपवदेर ॥



Adichunchanagiri  
College of Nursing

'सा विद्या या विमुक्तये' | "sā vidyā yā vimuktaye"

Knowledge or Vidya  
gives Power, Pleasure & Honor.

Both Science and Spirituality enrich us  
with knowledge, which is superior  
& lead us to liberation.

Liberation from Physical, Mental & External  
Bonds is attained through the control of  
external nature with the help of science;  
while liberation from Internal Bonds is  
attained through Ethics and Religion.

**Sā vidyā yā vimuktaye**  
that which liberates is knowledge



## *Programme Outcomes - UG*

### *B. Sc Nursing*

- ✓ Understand the basic biological sciences and psychosocial aspects of health and illness and its use in care of patients.
- ✓ Apply knowledge and critical thinking skills and ethical principles in evidence based nursing practice.
- ✓ Prepare competent nursing professionals with human values to provide quality nursing care globally.
- ✓ Practice comprehensive nursing care for individual, community and society at large.
- ✓ Demonstrate values, knowledge, skills and attitudes appropriate to the profession and also respect for the dignity of each individuals and for human diversity.
- ✓ Demonstrate leadership and teaching skills in nursing education and practice.
- ✓ Demonstrate effective communication and decision making abilities and managerial skills in providing quality nursing care in various health care settings.
- ✓ Engage in continuous professional and personal development and update with latest technologies, trends and issues in health care setting.

### *Post Basic B. Sc Nursing*

- ✓ Demonstrate competency in evidence based nursing practice based on the knowledge of behavioural and basic sciences.
- ✓ Demonstrate values, knowledge, skills and attitudes appropriate to the profession, effective communication, decision making abilities and managerial skills and also respect for the dignity of each individuals and for human diversity.
- ✓ Practice promotive, preventive, curative and restorative health care services adhering to ethical values.
- ✓ Engage in continuous professional and personal development.